Congratulations to our 2012 Award of Excellence in Professional Nursing Award Recipients! These exceptional nurses were selected by their peers for their outstanding contributions to patient care at CAMC. They were honored at special luncheons at each hospital during National Nurses Week (May 6-12).

Blood work (7 a.m. to noon, REGISTRATION/FASTING REQUIRED) Comprehensive metabolic panel and blood tests for lipids (requires fasting) and PSA are both FREE to employees of companies within the CAMC Health System and others with Highmark Blue Cross Blue Shield insurance. There is a minimal fee for the TSH thyroid and CRP screenings.

FREE screenings at HealthFest include:
- Periperal artery disease
- Stroke
- Diabetic Retinopathy eye screening (10 a.m. to noon only)
- Osteoporosis
- Heart
- Hearing

Participants also can:
- Discuss medications with a pharmacist
- Get help preparing living wills and medical powers of attorney
- Learn about nutrition, skin damage, lung care, BMI and healthy weight loss

Some screenings require pre-registration and are reserved on a first come, first served basis. Call (304) 345-9051 to register between 8:30 a.m. and 4:30 p.m. weekdays.

Don’t miss out. Be proactive. Save money on your health care by coming to HealthFest!

Saturday, June 2 • 7 a.m. to 2 p.m. 
Charleston Civic Center

Blood work (7 a.m. to noon, REGISTRATION/FASTING REQUIRED)

FREE sports physicals for middle school and high school students will be offered from noon to 2 p.m. NO REGISTRATION REQUIRED.

Lighthouse recognized with award

West Virginia Kids Count presented CAMC with its Business on Board with Childcare 2011 Navigator Award. CAMC was recognized for being a child-friendly workplace with its Lighthouse Childcare and Development Center. The Lighthouse is a state licensed child care facility for employees’ children that provides planned early childhood programs for children aged 3 months to 12 years. Pictured are Lighthouse co-directors Bobbie Hill and Linda Amburgey and West Virginia first lady Joanne Tomblin.
Former WVU football player to share organ donation message

The national organ transplant waitlist now exceeds 110,000 people, with three out of every four people waiting for a kidney. Sadly, about 18 people die each day waiting for organs because the need is far greater than the supply.

To help raise awareness about the importance of organ donation, the Kidney Transplant Center at CAMC General Hospital, the Center for Organ Recovery and Education and the CAMC Foundation will sponsor the seventh annual “Power of Organ Donation Night” at Appalachian Power Park Friday, June 22.

Fans will have the opportunity to meet West Virginia native Quincy Wilson, who played college football for WVU from 1999-2003. He is best known for his unforgettable touchdown catch-and-run against the Miami Hurricanes in 2003. He went on to play professional football for the Cincinnati Bengals and Atlanta Falcons. Quincy is the son of former NFL linebacker Otis Wilson, and became an advocate for organ donation after family friend and NFL Hall of Fame inductee, Walter Peyton, died of liver disease in 1999.

Current and former patients of CAMC’s Kidney Transplant Center will be honored on the field at 6:40 p.m. prior to the start of the WV Power baseball game at 7:05 p.m. The event will highlight the importance of organ and tissue donation by recognizing donors and recipients and giving fans the opportunity to sign donor cards. Plus, stop by the Kidney Transplant Center’s booth to meet Wilson and receive a free “Power of Organ Donation” T-shirt (while supplies last).
David Harris, a charge nurse in the clinical resource department, was making rounds on 6 South, General Hospital, when a patient’s wife became ill. Harris offered to escort her to her car. When the woman began vomiting and became disoriented, Harris personally took her to the emergency room. He left his name and pager number and although he did not know where she lived, offered to drive her home and although he did not know where she lived, she offered to drive her home.

This is just one example of Harris’ compassion and caring nature. Nursing units comment how much they appreciate him. Additionally, he is looked upon by his peers as a great example in demonstrating his professionalism, dedication and support.

Each quarter, a manager is recognized at the management information meeting. Kim Coleman, EKG, was recognized at the April meeting.

Coleman’s staff says her title does not define what she does. Her staff says Coleman always jumps in to help with work within the department, whether it is paperwork or patient care; always offers encouragement and support to her employees; is caring, flexible and always ready to help adapt schedules for employees needing help; makes herself available on weekends and late at night; and is a fantastic leader and a great positive example.

Coleman’s staff also said they are proud she is their boss and she makes every day a blessing to come to work.

Chaplains at CAMC have extensive education, training

CAMC’s pastoral care department is an invaluable support service not only for patients and their families, but for the entire employee network as well.

But there is a lot more than meets the eye in pastoral care. CAMC’s chaplains have an extensive amount of training, inside the classroom and out.

Two of CAMC’s chaplains, Rev. Ravi Isaiah and Sister Frances Kirtley, are board certified, which means they are required to have a master’s degree and must have two years of clinical training. While each chaplain can be of any faith, he or she must be endorsed by his or her religious group. They must also complete continuing education requirements each year to keep their certification.

Almost all of CAMC’s chaplains have a master’s degree.

CAMC’s director of pastoral care, Ravi Isaiah, has an undergraduate degree in psychology, a master’s of divinity and a doctorate of pastoral counseling. He is board certified and a licensed professional counselor.

“People have helped me to be exposed to different theologies, philosophies and the psychology of the human mind. This education has given me a broad scope of understanding of religion, heritage, culture, language, psychology and experience of life impact lives, especially when suffering,” Isaiah said.

Rev. Jim Robinson, on-call chaplain at CAMC, has a bachelor’s degree in business management and a master’s of divinity. He also spent 20 years in the U.S. Marine Corps.

“Being grounded in faith and self-awareness is key,” Robinson said. “I think it is important for the provider to be mature in faith and in understanding of what is often present in difficult situations allows the chaplain to help in positive ways. I would not have the tools to do so without my education and training.”

Chaplain Bruce Keeling has a bachelor’s degree in theology and ministry and a master’s in religion and philosophy.

“Understanding people and their unique situations, culture, beliefs/ value systems that shape and inform their understanding of the world is crucial to providing spiritual support,” Keeling said. “I think without the education I have this would be difficult, if not impossible.”

Sr. Kirtley has a bachelor’s degree in elementary education and nursing, as well as a master’s degree in pastoral studies.

“Both human compassion and demonstration of spirituality are...Continued on page 4
Nursing News and Notes

CICU congratulates the following RN career advancements: CN I to CN II, Julie Prouse, Moriah Shrewsbury and Amber Thaxton, CN II to CN III: Nikki Smith, Kristi Haynes, Kelsey Price and Mary Ann Armstrong.

Women and Children’s surgery department welcomes Terri Norman, NA to the PACU.

ED at WCH welcomes Patty Messinger, RN.

Clinical resource department congratulates Kathy Sheets for being accepted into the Sigma Theta Tau International Honor Society of Nursing. GRD welcomes Lisa Shriner, RN, Jonnie Conley, RN, Bessie Griffee, RN, April Rucker, NA, Missy Harris, NA, Gage Canterbury, NA, Kari Nelson, NA, Ashley Murphy, NA, Kathy Williams, NA, Sarah Chancey, NA, Elizabeth Webb, NA, Rachel Kinney, NA, Tarvares Hamilton, NA, Karin Hively, HUC, Natasha Moore, HUC and David McLaughlin, LPN.

Clinical decision unit welcomes Barbara Garrett, HUC.

NSICU congratulates Erin Anthony for advancing to CN II.

MICU General grades congratulations Pam Johnson for advancing to CN II.

6 South General grades congratulations Myra Conrad, RN, new clinical management coordinator.

Congratulations to Pam Oakes, nurse manager, 3 South and 7 South, General, and Carmen White, nurse manager, 6 South General, for obtaining a bachelor of science degree in nursing from Chamberlain College of Nursing.

2 West grades congratulations Missy Cook, RN, BSN for advancing to CN III and Brandy Sigmon, RN, CNII, for advancing to a permanent charge nurse, and welcomes Don Hendrix, RN.

PCCU grades congratulations Maggie Gilliam, Heather Saulino and Christina King for advancing to CN II.

3 East Memorial grades congratulations Thomas Clark, Christy Mynes, David Cyrus and Amber Vance who successfully advanced to CN II, Rachel Thomas, RN, CN III who has accepted a permanent charge nurse position and Kathy Rutledge, RN and Opal Cantley, HUC for passing their EKG exams.

Med/surg/telemetry at TVH welcomes Kendra Richardson, nursing tech and Jackie Carmelis, nurse manager.

Chaplains Continued

fundamental to the ministry of a chaplain,” she said. “Medical/ethical dilemmas are frequent situations which call for the assistance of a chaplain.”

While a strong educational base is important to the profession, a rare compassion and sense of understanding is vital to these chaplains.

“Working with people is perhaps the highest privilege I can think of as a human being,” Isaiah said. “It requires a great deal of sensitivity to others’ experiences even when your beliefs are in conflict with others. We are trained to set our agenda aside in order to meet the people where they are in their spiritual, emotional and ethical journey or struggle.”

“We struggle to find the ‘right’ answer to many situations,” Robinson said. “Yes, we have the education and experience, but the human element makes each situation somewhat unique. Some people may be surprised to see that we do not think of ourselves as having a ‘direct line’ to God who provides all the right answers.

Kirtley said she chose pastoral care after working in the health care field as a nurse.

“In many situations, I saw dying patients without any family or pastoral support,” Kirtley said. “I met patients and families who live far away and missed the presence of their pastors who were unable to be present. The needs were very obvious.”

Isaiah, Keeling and Robinson said that they don’t choose ministry as a career, rather it chose them.

“It has been interesting, exciting at times, frustrating and tiring, as well,” Robinson said. “It is often emotionally draining. But I continue because I feel what we do is important, and maybe something I say or do will make a difference for someone going through a very bad time in his or her life.”

Pastoral care’s services are open to anyone in any CAMC facility. Each of the four hospitals has a prayer room, available around the clock for patients, families, visitors and employees.

“We do not have any hidden agenda. Our calling is to be a pastor to Christians, Hindus, Muslims, Jews, Agnostics and Atheists,” Isaiah said.

For more information about the pastoral care department, visit camc.org. A chaplain is available around the clock, and can be reached through the hospital operator at (304) 388-5432.

MILESTONES

The National Alliance of Children’s Trust and Prevention Funds and the American Academy of Pediatrics honored Joan M. Phillips, MD, FAAP, as this year’s recipient of the Ray E. Helfer, MD Award. This distinguished award is given to a pediatrician who has demonstrated significant contributions to preventing child abuse before it occurs, and who works closely with a Children’s Trust Fund.

Jeremy Todd Jordan, PA, completed his MBA at WVU and is being inducted into the WVU Chapter of Beta Gamma Sigma as a lifetime member, the honor society recognizing business excellence since 1919.

Volunteer services recognizes the following individuals for their years of service: Violet Edwards, CAMC Memorial Hospital, 10 years; Phyllis Kryzak, CAMC Memorial Hospital, 10 years.