2016 Award of Excellence in Professional Nursing

**Memorial Hospital**

(Front row L-R) Elizabeth Welch, RN, CDL; Paul Hamann, RN, 4 South; Beth Nauck, RN, Brandi Stigmon, RN, 2 West; Christina Beach, RN, 5 South; Pauli Tremblay, RN, 3 East; Brinda Ferris, RN, 3 East; Erica Dunlap, RN, 5 West; Karylen Smithson, RN, cath lab.

(Back row L-R) Ashley Benders, RN, 3 South; Monica Jones, RN, Breast Center; Beth Wheeling, RN, Cancer Center; Monica Simmons, RN, ED; Jimmi Tankers, RN, CICU; Sherryl Thomas, RN, CEO; Melissa Barron, RN, PCICU; Bethany Perry, RN, 4 North; Diana Carpentier, RN, endoscopy; Leah Ayer, LPN; 3 West; Tiffany Petters, RN, OBIU; Christina Simmons, RN, SVICU; Mary Beth Hyatt Cool, RN, VCOE.

Not pictured: Sharon Ellis, RN, 4 West; Adrienne Jarrell, RN, MICU 5 East; Michelle Judy, RN, NICU; Jamier Miles, RN, PAC; Charissa Watts, RN, 3 North

**Teays Valley Hospital**

(L-R) Victoria Cole, RN, surgery; Angela Stanely, RN, ICU; Ashley Smith, LPN, medical surgical/neurometry; Alisha Hartsharger, RN, medical surgical/neurometry; Katherine Burton, RN, ED.

**General Hospital**

(Front row L-R) Sheila Brown, RN, NICU; Caitlin Jackson, RN, 5 South; James Dinham, RN, PACU; Jessica Grubbe, RN, med rehab; Ann Borenstein, RN, XSS.

(Middle row L-R) Sandra Staceys, RN, Pediatrics; Duhiee Tommey, RN, NICU; Chris Taylor, RN, burn unit; Beverly Charleston, RN, ASC; Tara Elliott, RN, surgery.

(Back row L-R) Brittany Herewell, RN, 7 South; Darlene Clark, RN, behavioral health; Valerie Starnick, RN, 3 South; Amanda Lee, RN, 6 South; Pam Johnson, RN, MICU; Patty Johnson, LPN, 6 South.

Not pictured: Becca Brock, RN, STICU

**Women and Children’s Hospital**

(Front row L-R) Wendi Smith, LPN, Women’s Medicine Center; Courtney Baker, RN, pediatrics; Robb Zuniga-D’Arienzo, RN, mother/baby; Stacy Coleman, RN, CEN; Sheila Strehl, RN, PACU.

(Back row L-R) Katherine Beck, RN, PCCU; Elizabeth J. Cavender, RN, NICU; Michelle Bailey, RN, NICU; Amanda Jordon, RN, surgery; Debbie Fisher, RN, labor and delivery; Debrah Williams, RN, nursing diagnostic services; Leigh Ann Bentley, RN, ED.

Since the kickoff events in November and December, the 336 Change Champions have been working diligently to share information about the Cerner Revolution with their managers and teams.

The Change Champion Network concept is new to CAMC, and the members of this team have been very successful in creating awareness about the changes with Cerner and encouraging their teams to complete key tasks to ensure the success of the project, including:

- Helping co-workers to create Cerner Care accounts to access UCern and ULearn;
- Creating visual displays for their departments to share information about the project;
- Completing WBT modules so they are better equipped to answer questions about Cerner solutions;
- Rolling out the Embracing Change Pathway mini-modules to help their co-workers better understand the CAMC change process;
- Completing a technology assessment with their departments and reporting results to ensure that our workforce has the skill level necessary to be successful with Cerner training.

**Cerner Revolution Change Champion Update**

Continued on page 2
Cerner Revolution Change Champion Update continued...

The Change Champion Network was also invited to participate in a contest with the "Our Iceberg is Melting" book, which is about change and how we can adapt to it. The Change Champions and departments with a 100 percent participation rate, and 20 departments with a participation rate between 82 and 98 percent. There has been great feedback received about the Change Champion Network – your dedication is much appreciated!

Winner at each session:
Amy Pauley, endoscopy – Memorial
Angela Stanley, medical ICU – TVH
Sylvia Seay, PACU – Memorial
Terry Lyles, HIM
Runners-up at each session:
Missy Bohan, The Breast Center
Deidre Summers, clinical quality management – TVH
Sylvia Seay, PACU – TVH

Thanks to the hard work of this team, there were 19 departments with a 100 percent participation rate, and 20 departments with a participation rate of 82 to 98 percent. There has been great feedback received about the Change Champion Network – your dedication is much appreciated!

Congratulations to Kelly Tinsley, clinical quality management, the second quarter 2016 Employee of Excellence.

Below is a condensed version of the nomination about Tinsley’s actions and compassion on a daily basis.

“I have seen many examples of her compassion.

“Just because it may be 5 p.m. and her quitting time, she does not leave work until her patient’s needs are met. If a patient can’t be discharged home for some reason and needs placement, she will exhaust every option until she finds a safe place for that patient to go.

“I have seen her portray many acts of kindness. She never brags about anything she does for a patient. She treats every patient with the highest level of respect and fairness. She does not judge anyone for the position they may be in. She worked literally weeks to find a place for one of our patients to be discharged to an environment that would provide what was needed for the patient’s recovery and remove them from an undesirable situation.

“She makes sure our patients receive what they need when they leave whether it is rehab, nursing home, home health, equipment, a way to get their medicine or anything else.

“I have seen her discouraged and disappointed in her face and tone of voice when she can’t provide what she believes a patient needs. But, give her time and she almost always comes up with other options, plans and is rarely defeated.

“She puts a lot of effort and time into her work, often taking it home with her. She truly exemplifies CAMC’s mission statement, ‘striving to provide the best health care to every patient, every day’ and models our Core Values daily.”

Walk with a Doc Kickoff!

With Dr. Michael Robie from CAMC Primary Care in Nitro

Talk with a doctor while you walk your way to better health!
Saturday, June 11 / Hurricane City Park
Check-in begins at 7:30 a.m.
Program & Walk: 8 to 9 a.m.
Free and open to the public!
No pre-registration (register on-site at walk)
Free blood pressure checks and T-shirts!

CAMC physicians “walk the walk” for better health

Some CAMC physicians believe so passionately in the health benefits of walking that they’re not just talking the talk, they’re walking the walk.

CAMC Primary Care is participating in a walking program called “Walk with a Doc” that is taking off around the country, and for good reason. It helps people lose weight. It prevents or reverses the effects of dozens of diseases, including arthritis, depression, diabetes, heart attack and stroke. It provides timely answers to health questions, helps doctors and patients get to know one another and it’s free.

“This is a great opportunity to interact with health care professionals while getting those crucial steps in,” said Beth Montgomery, manager of CAMC Primary Care.

“Walk with a Doc” is for anyone interested in taking steps for a healthier lifestyle. While you walk at your own pace, you’ll have the opportunity to have questions answered by local physicians.

Walks will take place the second Saturday of each month from 8 to 9 a.m. at varying locations. Free blood pressure checks, T-shirts and refreshments will be provided.

Monthly walks will rotate between different locations (visit camc.org/WalkWithaDoc for schedule). In the event of inclement weather, the walks will take place at an indoor location which will be posted on the website. Participants do not need any special gear – just put on a pair of comfortable shoes and walk your way to better health!

Walking for as little as 30 minutes a day can:

• Reduce the risk of heart disease
• Improve blood pressure and blood sugar levels
• Maintain body weight and lower the risk of obesity
• Enhance mental well-being
• Reduce the risk of osteoporosis
• Reduce the risk of breast and colon cancer
• Reduce the risk of Type 2 diabetes

For more information, call Kristin or Beth at CAMC Primary Care in Nitro at (304) 755-4797.

Own a piece of the path

The CAMC Cancer Center celebrates its anniversary this month. A walking path has been built directly behind the building, and you can honor a loved one by purchasing a personalized paver for the path.

A donation of $200 will secure your personalized paver, but quantities are limited.

Reserve your paver online at brickpurs.com/order/camcfoundation or by contacting Jordan Pence, development coordinator at the CAMC Foundation, at (304) 388-9863.

Mini medical school

On May 5, physicians and others discussed the physical and emotional impact of cancer, and the new and innovative advances and treatments in cancer care during CAMC’s Mini-Medical School for the Public: Paving the Future of Cancer Care in May.

Mini medical schools for the public were created by the CAMC Health Education and Research Institute to provide information to the community about specific health topics.

Welcome new physician

Marc A. Subik, MD, joins the department of medicine specializing in gastroenterology. Dr. Subik received his medical degree from Upstate Medical University. He completed an internal medicine residency at Marshall University School of Medicine and a gastroenterology fellowship at Baylor College of Medicine. Dr. Subik is certified by the American Board of Internal Medicine with a gastroenterology subspecialty.
This Heart and Soul nomination involved several employees and departments including the General Hospital ED and OR, plastic surgery, MedBase and HealthNet.

It started when MedBase dispatched HealthNet to an industrial park to pick up a patient whose hand was stuck in a piece of equipment. The team assessed and treated the patient while local responders attempted to free the patient.

They couldn’t.

After setting up phone consultations between the trauma team and the flight team, the decision was made to fly additional doctors to the scene to amputate the trapped hand to free the patient. Dr. Michael Peterson responded to the hospital along with plastic surgeon Dr. William Ross, who was not even on call.

MedBase dispatched the Huntington helicopter to General to pick up the physicians and fly them to the scene. The ED and OR staff gathered everything these doctors would need to perform surgery in the field.

They performed surgery inside an auger at a factory, sometimes using their mouths to hold lights to see inside the machine.

Importantly, the entire system rallied around and supported this one patient — mobilizing anything and everything she needed. The system worked.

**Congratulations to the others nominated in April:**

- Eric Afrodis, Ben Barido, Dr. Ma Theresa Bartista, Sara Black, Rachel Blackwell, Christina Booth, Cynthia Bunnette, Grace Chapman, Bobby Collins, Dr. Rafael Coplin, Carol Davis, Justin Davis, Michael Dick, Roger Dick, Jeremy Elowick, Lisa Harmon, Kristina Hinkle, William Hodge, Tara Jeffer, Jenny McMillion, Hannah Mick, Tommy Parsons, Dr. Shawn Reintert, Matt Rutherford, Deborah Toney, Joe Webb, Sabrina White, Dr. Michael Petersen, Dr. William Ross

### Baldrige National Quality Award Ceremony

More than 100 employees, physicians and CAMC board members attended the ceremony to watch CAMC receive its Malcolm Baldrige National Quality Award.

Here are some of their comments about the experience:

“The ceremony was quite inspirational. I was very proud to attend and represent CAMC. It’s a new day and the sky is the limit,” Lance Carney, pharmacy manager, CAMC Teays Valley Hospital

“It was a beautiful ceremony. Knowing that I work for a health system that provides quality care to all patients is a great feeling,” Cindy Alkins, housekeeping director, offsite

“I was continuously stopped by individuals who, upon seeing the nametag, would share congratulations and compliment the presentations that were made. We were a showcase institution making a positive impression for institution and for our state,” Sharon Hall, president, CAMC Institute

“My favorite part was the excitement from everyone who attended. I witnessed many proud and glowing faces,” Kevin Americo, emergency department director, CAMC Women and Children’s Hospital

“My favorite part was watching the excitement in everyone’s eyes when we received the award, lining up for the photo op, and enjoying the reception,” Barbie Covelli, corporate director, regulatory compliance

“I was extremely impressed with the quality of the presentations by all members of CAMC. As I listened to each presentation, it was clear as to why CAMC was chosen as a winner,” Leigh Chaney, director, CAMC University

“All of our presenters represented the best of CAMC. I was proud of each of them,” Sande Egnor, nurse manager, NSICU

“So proud of all the CAMC presentations and presenters. The questions from the audience showed an interest in our processes and how quality is achieved at CAMC,” Peggy Erlewine, associate administrator, CAMC General Hospital

“It was a privilege to be part of the celebration with so many wonderful people from our organization. The journey has challenged us to all grow and change,” Vicky Grate, corporate director, quality management

“It was truly a wonderful experience. I have worked at CAMC over 35 years and feel that we are moving our organization in the right direction,” Marty Henley, chief CRNA, anesthesiology

“One highlight for me was the camaraderie, mutual support and collective appreciation of each other that was so evident. What an honor to be part of a group that demonstrates our core values every day,” Susan Sharp, director of purchasing/valuation analysis

“A favorite moment was seeing our senior leadership presentations. They were all wonderful,” Lora Duncan, director for nursing practice and professional development

“I think anyone who attended now fully understands why our organization strives to provide the highest quality patient care. I am more than proud to say I work at CAMC, I am honored,” Linda Cobb, nurse manager, gyn/gyn-oncology

“We are taught to be humble, it was hard for my heart not to swell with pride for not only CAMC but the recognition this brought for our community and state,” Kristy Fidler, volunteer services director

“I genuinely appreciated being present with so many of the fine employees who helped us to win,” Dr. Anthony Uy, associate chief medical officer, CAMC Memorial Hospital

“It was a pleasure and an honor for me to be able to help organize and facilitate the buses. It will be an adventure that we will never forget,” Mary Estep, human resources associate

“The entire event will definitely stand out as a highlight in my 26 years as a CAMC employee,” Bing Murphy, associate administrator

“I felt such pride for CAMC and West Virginia during the entire conference. I know our journey has been a long one and our diligence has paid off in significant ways,” Denise Burgess, Cerner transition coordinator

“It was wonderful to have such a large group of employees representing CAMC. All the hours of meticulous preparation with every detail was worth it,” Cindy Burkholder, corporate director, human resources

“I was so honored to be invited on the Baldrige trip. I had a wonderful time with my CAMC family,” Patty Dean, dietary production coordinator, CAMC Memorial Hospital

“I still get chills when I describe my experience to others. I am proud to be a part of our organization and thankful for so many wonderful people who make up CAMC,” Bob Miller, security director

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Thanks for helping make CAMC’s computer environment safer.

When a suspicious email is received, click the "Report Spam" icon from the open email. The suspicious email will then be sent to Proofpoint for evaluation and potentially quicker addition to the "blacklist." It will also be moved from the inbox to the quarantined mailbox.

When a labor delivery congratulates Chelsea Jackson, RN-C, for recently passing certification in inpatient obstetric nursing.

General Hospital OR congratulates Karen Fox on advancing to CNIV; Claudia Accord, CNIL PACI on earning her BSN, welcomes Destiny Smeltzer, CNL, and recognizes Cliff Looney, ST, employee of the month.

SPAM monitor mailbox going away

With Proofpoint, CAMC’s SPAM filtering system, end users now can take action that will help speed up the identification of SPAM and phishing emails that make it to the inbox.

When a suspicious email is received, click the "Report Spam" icon from the open email. The suspicious email will then be sent to Proofpoint for evaluation and potentially quicker addition to the "blacklist." It will also be moved from the inbox to the quarantined mailbox.

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Daisy Award

Congratulations to our 1st quarter Daily Award Winners.

Shelby Boze, RN, 5 South, General Hospital; Charity Cochran, RN, PICU, Women and Children’s Hospital; Lucas Harper, RN, ED, Memorial Hospital; Carmen Brooks, RN, ICU, Teays Valley Hospital; Ron Moore, CNO; Ali Smith, RN, MICU, Memorial Hospital; Rebecca Frye, RN, Neuroscience ICU, General Hospital; Zach Murphy, RN, Neuroscience ICU, General Hospital; Amanda Pates, RN, 4 North, Memorial Hospital; and Linda Price, RN, 7 South, General Hospital.

Not pictured: Misty (Martin) Black, RN, clinical resource department; Erica White, RN, mother/baby; and Carole Williams, RN, med/surg, telemetry, Teays Valley Hospital.

CAMC University June classes

Leadership:
Your Leadership Journey, June 2, 1 to 5 p.m.
Resolving Workplace Conflict, June 7, 1 to 5 p.m.
Myers Briggs Type Indicator (MBTI), June 9, 1 to 5 p.m.
Coaching for Peak Performance, June 22, 8 a.m. to noon

All leadership classes are held in the CAMC Institute training center rooms A/B.

Milestones

Congratulations to Angel B. Cinco, Jr. for recently receiving his Master of Public Health degree from Walden University. Cinco is a research review specialist for the CAMC Health Education and Research Institute.

Teays Valley Hospital medical imaging congratulates the following for advancing on the medical imaging career ladder: Jill Blount, CT level III; Shawn Browning, CT level III; Tammy Goldsmith, CT level III; Tracy Hedrick, CT level III; Linda Taylor, CT level III; Valerie Covert, rad tech level II; Kerri Hughes, rad tech level II; Brittany Ingles, rad tech level III; Randi Payne, rad tech level III; Tracee Richardson, rad tech level III; Kelly Robinette, rad tech level III; Felicia Scheidler, rad tech level III; Stephanie Thomas, rad tech level III; Morgan Richards, US level II; Christy Sutherland, US level II, Grace Chapman, US level III.

Teays Valley Hospital ICU welcomes Brittany Sanders, RN and Megan Stevens, HUIC.

Vital Signs

Christy Warner was promoted to nursing education specialist in professional nursing.

Professional nursing welcomes
Mary Justice as a nurse education coordinator.

PCCU welcomes Eddie Cunningham, RN and Dustin Mitchell, RN.

Congratulations to the following nurses who recently advanced to clinical ladder IV: Deborah Boner, 4 South Memorial Hospital; Sheletta Thomas, clinical resource department; Rachel Thomas, 3 East Memorial Hospital.

Congratulations to the following nurses who recently advanced to clinical ladder III: Rebecca Brock, STICU General Hospital; Mary Adkins, medical surgical/telemetry Teays Valley Hospital.

Teays Valley Hospital ICU welcomes Brittany Sanders, RN and Megan Stevens, HUIC.

Memorial Hospital 3 South welcomes Chelsey Dillard, NA; Logan Fair, NA; Valerie Tomlinson, NA; and Sandra Clay, RN.

Gyn welcomes Lynn Ashby, RN II; Jodi Murfey, RN II, and Katie Chipp, RN per diem.

Congratulations to Brian Floyd, new clinical management coordinator for the cardiopulmonary ICU, Memorial Hospital.

Labor delivery congratulates Chelsea Jackson, RN-C, for recently passing certification in inpatient obstetric nursing.

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