Doctors and employees celebrate the 25th anniversary of West Virginia’s only freestanding women and children’s hospital by releasing balloons.

Kanawha Valley Hospital opened July 3, 1982 and merged with CAMC in 1986. It became Women and Children’s Hospital in 1988 when CAMC’s obstetrics and gynecology services were relocated there.

The hospital is home to the region’s largest, busiest and highest level of neonatal and pediatric intensive care units.

**On the MOVE**

Between now and the end of October, several departments are relocating in an effort to consolidate leases and create additional space for physician practices:

- I/S will vacate the Memorial Hospital employee parking garage, Dover Building, I/S Warehouse and 511 Brooks St. and move to the CAMC Innovation Center at Northgate.
- Marketing and public affairs has moved from 405 Capitol St. to the CAMC Innovation Center at Northgate.
- Six Sigma is moving from the Dover Building on Virginia Avenue to the CAMC Innovation Center at Northgate.
- Management engineering will move from the Dover Building on Virginia Avenue to the second floor of 511 Brooks St.
- Professional nursing education, nursing quality, nursing budget and resource management, nursing retention and recognition, TJIC/regulatory compliance, safety, infection prevention and The Bradley Classroom are moving into the Memorial Hospital employee parking garage (first and second floors).
- CAMC/JLL facilities management staff is relocating from multiple locations to the Professional Nursing building across from Memorial Hospital, next to the Medical Center Inn.

**Benefits enrollment**

Open enrollment from Oct. 21 to Nov. 11, 2013 at 5 p.m.

Benefits fair week Oct. 21 to Oct. 25:
- Monday – TVH, education room, 7 a.m. to 4:30 p.m.
- Tuesday – WCH, boardroom, 7 a.m. to 4:30 p.m.
- Wednesday – General, 101/102, 7 a.m. to 4:30 p.m.
- Thursday – Memorial, large/small conference rooms, 7 a.m. to 4:30 p.m.
- Friday – Document Center, conference room, 7 a.m. to 1 p.m.

**FLU PREVENTION**

**Employee Vaccination**

Sept. 23 to Nov. 1

Vaccines are available for employees, physicians and their credentialed staff only in all employee health offices Monday through Friday from 8 a.m. to noon and 1 to 4 p.m. Vaccines also are offered on the units for employees, physicians and their credentialed staff.

Exemption requests must be turned into Employee Health by Friday, Oct. 4. Forms are available on the Employee Health website on CAMnet.

**Family Vaccination Clinic**

Tuesday, Oct. 15

9 a.m. to 7 p.m.

Second floor of the Cornerstone Building, across MacCorkle Ave. from Memorial Hospital (next to the Medical Center Inn).

The family vaccination clinic is for families of physicians and CAMC employees (spouses and children) and CAMC retirees (while supplies last).

**New look, same great service**

The CAMC Federal Credit Union recently underwent a facelift inside and out with much needed structural and cosmetic changes. Not only has the credit union updated its look, but it continues to update its products and services to meet members’ needs such as: online bill pay, loan promotions, CD & IRA specials, fraud monitoring services and much more. If you haven’t seen the changes, please stop by and check it out. If you are not already a credit union member, join and see why more than 5,000 CAMC employees and their immediate family members choose the CAMC Federal Credit Union for their financial needs.

**Free fun**

The 2013 Teddy Bear Fair at CAMC Women and Children’s Hospital will give children the opportunity to make a fun visit to the hospital.

The fair will be Oct. 5 from 10 a.m. to 1 p.m.

Medical professionals play games and perform crafts with the children. Allowing them to treat their bears painlessly will hopefully minimize their fear of hospitals.

Through the fair’s games, prizes and activities, children and adults will learn how to live a healthy and safe life and have a positive hospital experience.
VitalSigns

redesign: navigation and standardization

The CAMnet redesign provides an opportunity to organize information into categories for a cleaner, simpler site. Less is definitely more when it comes to website design. A better-organized site allows users to find information more quickly and makes navigation of the site more efficient.

The new site will have top and bottom navigation bars that will be standard on every page. Nearly all of the information that is currently on the right side of CAMnet in the yellow menu has been categorized under the top navigation bar. These items are contained in rollover menus, so while not everything is on the front page, it is just a click away. This keeps the front page design consistent and easier to read while still allowing quick access to other pages.

An icon row on the bottom of each page features many frequently-accessed areas of the site, including cafeteria menus, classifieds, email and more. The “Say Thanks” site will be housed here, as well as a new feature called “Questions.” Employees can submit general questions that the marketing department will send to the appropriate departments to answer. This is another way to facilitate two-way communication with employees. Some departments also will be incorporating this feature on their pages.

Department and unit pages on the new CAMnet have been developed and tested using templates that standardize information, yet still allow for some flexibility to meet individual department and unit needs. The navigation menus differ slightly for departments and units and include information such as staff listings, council representatives, locations, meetings, links and more.

Next month’s article about the CAMnet redesign will highlight the Vitals section – a new feature designed to give employees essential information while reducing the clutter caused by infoserve emails. If you have questions about the new site, email jessica.duffield@camc.org. The new CAMnet debuts Jan. 6.

Quality in cardiac care

Highmark Blue Cross Blue Shield West Virginia has designated CAMC as a Blue Distinction Center® designation for delivering quality cardiac care, as part of the Blue Distinction Centers for Specialty Care® program. Blue Distinction Centers are hospitals shown to deliver quality specialty care based on objective, transparent measures for patient safety and health outcomes that were developed with input from the medical community.

Cardiovascular disease is the leading cause of death in the United States, claiming nearly 600,000 lives each year. Cardiac procedures, including bypass and cardiac stent placement, are among the most common major medical procedures provided by the U.S. health care system, with more than 1 million procedures performed annually. These cardiac-related procedures cost the nation more than $28 billion annually. The Blue Distinction Centers for Specialty Care program seeks to reduce this burden, by empowering patients with the knowledge and tools to find both quality and value for their cardiac care needs.

Research shows that Blue Distinction Centers demonstrate better quality and improved outcomes for patients, with lower rates of complications for certain cardiac procedures and lower rates of health care associated infections, compared with their peers.

Childhood cancer awareness

West Virginia Governor Earl Ray Tomblin declared September as Childhood Cancer Awareness Month. Patients, their families, medical professionals and others were on hand for the proclamation Sept. 5.

WELCOME NEW PHYSICIANS

Karina H. Andrews, DO, joins the department of obstetrics and gynecology. Dr. Andrews graduated from the West Virginia School of Osteopathic Medicine and completed an OB/Gyn residency at CAMC.

Matthew C. Delph, MD, joins the department of anesthesiology. Dr. Delph received his medical degree from the Marshall University School of Medicine and completed an anesthesiology residency at University of Pittsburgh.

Bishnu P. Dhalal, MD, joins the department of medicine. Dr. Dhalal graduated from the College of Medical Sciences – Bharatpur, Nepal. He completed an internal medicine residency at St Barnabas Hospital. He is certified by the American Board of Internal Medicine.

Beth Bloom Emrick, MD, joins the department of pediatric nephrology and developmental behavioral pediatrics. Dr. Emrick received her medical degree from the West Virginia University School of Medicine. She completed a pediatric residency at CAMC and a developmental behavioral pediatrics fellowship at Akron Children’s Hospital. Dr. Emrick is certified by the American Board of Pediatrics.

Chun He, MD, PhD, joins the department of pathology. Dr. He received his medical degree from Hebei Medical University and received a doctorate in microbiology at the Medical University of South Carolina. Dr. He completed a pathology residency at Deaconess Medical Center. He is certified by the American Board of Internal Medicine.

John S. Samuel, MD, joins the department of medicine as a hospitalist. Dr. Samuel received his medical degree from St. George’s University School of Medicine and completed an internal medicine/pediatrics residency at CAMC.

Nelson L. Smith, DO, joins the department of medicine as a hospitalist. Dr. Smith received his medical degree from the West Virginia School of Osteopathic Medicine and completed an internal medicine residency at CAMC.
Mary Tackett, a health unit coordinator in the coronary intensive care unit at Memorial Hospital, was recognized at the August meeting of the CAMC board of trustees.

In July, a frail, elderly woman accompanied her husband to the hospital. The lady had recently been in an accident and suffered a broken spine. Needless to say she wasn’t as mobile as she wanted to be and being away from home she needed accommodations for the night.

Tackett made arrangements with the Medical Center Inn for a room, and then, during her break, she walked the woman there so she would not have to cross the street by herself. Tackett gave the lady a wake-up call.

Tackett picked her up at the Inn and drove her back to the hospital so the lady could be at the bedside of her critically ill husband. Those nominating Tackett closed by saying she is a wonderful person and this is only one example of how she goes out of her way on a daily basis to help others.

Congratulations to others nominated in August: Donna Adkins, Chemo nurses and support staff, Dr. Ahmad Khan, Rickey Kincaid, Jennifer Linkenauger, Patty Reed, Alan Shearer, Jessica Somerville, SICU, Tena Taylor.

Each quarter an employee is honored with the humanitarian award, a category of Heart and Soul recognizing acts of kindness and charity, contributing to enhancing and promoting the welfare of humanity in the community, nation or world.

Tim Hivley was nominated by an entire department for an act of kindness and humanity.

Tim works in the construction department as a mechanic. During his lunch break, he spends his time helping an elderly lady who lives behind Memorial Hospital spend time outside of her house. She comes out of her house to talk to him, then he helps her put her knee brace on and sits and talks with her until he has to go. Then he helps her get back to her house. Several people have heard him offer his help to her whenever she needs it.

Task force seeks to educate CAMC staff about domestic violence

In West Virginia, a call is made to a domestic violence hotline nearly every nine minutes. About one-third of homicides in our state are related to domestic violence. It is affecting CAMC’s patients, their families and our employees. As one of the state’s largest hospitals and employers, CAMC is committed to educating staff and patients about domestic violence and to providing options for helping those affected.

After a few years’ hiatus, the domestic violence task force at CAMC has started meeting again monthly. The group has more than 60 members from many departments – clinical and non-clinical. The group’s objective is to identify needs for education, training and support about domestic violence for employees, so that they will know what to do when encountering a situation with a patient or a coworker.

“As health professionals, it is important that we adhere to all regulatory standards for addressing domestic violence situations with our patients and their families,” said Deb Mattingly, PT, task force lead. “We also need to be knowledgeable about the resources that are available to patients and coworkers who need help.”

The task force is currently working on several types of informational materials, including brochures, posters and table tents. Many departments have already received new posters and pocket cards about domestic violence. During the month of October, there will be table tents and cafeteria displays with more information.

The group is also working on educational opportunities for nurses and other clinicians. About 50 nurses from CAMC attended a training session in August about providing outstanding and loving care and prompt professional service. The above photo was taken just before the scout’s first troop meeting back home following the Jamboree.

Following the BSA National Scout Jamboree in July, CAMC received a letter from a father, thanking doctors and staff for the care of his son. The boy was flown to CAMC with a broken wrist and possible head injury from a mountain bike accident. “It was truly impressive to see how quickly and thoroughly my son was evaluated in your trauma center,” the father wrote. “All of the medical staff involved provided outstanding and loving care and prompt professional service.”

If your department would like more information about domestic violence, email debora.mattingly@camc.org.

The group continues to work with other community organizations toward this goal.

At OB/Cyn grand rounds on Oct. 23, Krista Fink, a domestic violence survivor, and Laurie Thompisen from the West Virginia Coalition Against Domestic Violence will speak. Laurie will also speak on Oct. 2 during “Ethics in the Round.” The task force will also invite other speakers throughout the year.

If your department would like someone to come and speak about domestic violence issues, email debora.mattingly@camc.org.

2013 Foundation Golf Classic

On Aug. 19 the golf courses of Berry Hills, Edgewood and Sleepy Hollow were overrun with supporters of the CAMC Foundation and the Foundation’s Children’s Fund. Companies and individuals from all over the region joined together for a day of fun to impact children’s safety net services, including NICU, trauma, clinics and preventative and educational programs at CAMC. Women and Children’s Hospital.

For more than 21 years, the Golf Classic has been an integral part of the Foundation’s mission. Thank you for your support.

This year’s Golf Classic was held in memory of Mr. William “Bill” McDavid. Chaired by his wife, Di Long, this day was a celebration of McDavid’s life through the game he loved so much. McDavid was a great friend to CAMC and its community. His impact and dedication to the children of this state and their well-being was second to none. McDavid will always be remembered for his tireless work ethic and philanthropic efforts.

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Nursing News and Notes

The following nurse managers successfully completed the American Nurses Credentialing Center’s (ANCC) National Nurse Executive Certification Examination: Cathy Cunningham, director, surgery services, General; Judy Ditchen, medical rehabilitation, General; Tom Gerencir, 2 West, Memorial; and Susan Russell, Peds and PICU, Children’s.

Surgical services General Hospital congratulates Alex Cornell, RN, CNIII on achieving certification in operating room nurses (CNOR). Congratulations to Richard Skibo, RN, charge nurse III on his successful completion of both the MSN and the Master’s in Health on his successful completion of both the MSN and the Master’s in Health.

Judy Ditchen, director, surgery services, General; and getting involved as a professional ladder, participating in committees challenges of advancing the clinical with survival tips and sharing their experiences shared their experiences in their first year, providing the new grads workshops in the WVU auditorium Graduate nurses workshop.

A panel of people with varying called “A Year’s Process.” The nurses talked about how it takes time for them to learn and gain experience. A panel of people with varying experiences shared their experiences in their first year, providing the new grads with survival tips and sharing their challenges of advancing the clinical ladder, participating in committees and getting involved as a professional nurse.

Domestic violence

If someone you know is in an abusive relationship, here’s how you can help:
- Listen to the person
- Believe what they say
- Do not blame the victim
- Do not discriminate against them
- Keep what they tell you confidential
- Allow the person to make his or her own decisions
- Help the person seek assistance from a domestic violence advocate
- Don’t give up

If you see an assault in progress, call 911. If you have questions about domestic violence, call the national 24-hour toll-free hotline at 1-800-799-SAFE (7233) or the closest domestic violence shelter in your region. In the Charleston area, call (304) 340-3549.

Source: WV Coalition Against Domestic Violence

Quick Hits

Congratulations to Heidi Edwards for assuming the role of associate administrator for Medicine Services at CAMC Memorial Hospital. Edwards has worked at CAMC for 22 years, most recently serving as nurse manager for the coronary intensive care unit.

Nurse extern workshop

The annual nurse extern retention workshop was held Wednesday, Aug. 7. The purpose of the workshop is to share with new nurse externs what it is like to be a future RN at CAMC, expected compensation and potential career opportunities. CAMC hired 118 nurse externs in May.

Medical Explorers program

Medical explorers is a worksite-based program that gives youth an opportunity to learn about the various health care careers.

Exploring is for young men and women who are at least 14 years of age and have completed the eighth grade. Students in our medical explorers program will meet and talk with many professionals who will share their educational and work experiences.

They will also share their personal challenges and rewards relating to their profession. The purpose is to help youth develop and grow through activities that provide real life experiences in their field of interest. Exploring programs are based on five areas of emphasis: career opportunities, life skills, service learning, character and leadership experience.

Our kick-off meeting is scheduled for Oct. 10. Visit our website to learn more about this opportunity at camc.org/medicalexplorers.

Graduate nurses workshop

July graduate nurses attended a workshop in the WVU auditorium called “A Year’s Process.” The nurses talked about how it takes time for them to learn and gain experience. A panel of people with varying experiences shared their experiences in their first year, providing the new grads with survival tips and sharing their challenges of advancing the clinical ladder, participating in committees and getting involved as a professional nurse.

Congratulations to Kip Rice the new corporate director of budget, reimbursement and cost accounting. He takes over for Ralph Bowles who is retiring.