

## Renal or Consistent Carb

Tuesday

Choose \_\_\_\_ Carb Servings

1 Carb Serving =15 gm Carbohydrate

### Breakfast

#### **Chef's Choice**

Scrambled Eggs  
w/Peppers & Onions  
1/2 Plain Bagel (1 Carb)  
Margarine & Jelly

#### **Ala Carte**

Cream of Wheat (1 Carb)  
Eggs- Scrambled,Hard Boiled  
Cold Cereals upon request

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

#### **Beverages**

C/Decaf 4oz- 2% or 1% (1 Carb)  
HT/IT Fruit Punch or Apple (1 Carb)

NAME: \_\_\_\_\_ Rm #: \_\_\_\_\_

X1022 (Rev.9/23)

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### Lunch

#### **Chef's Choice**

Turkey w/Gravy  
Egg Noodles  
Green Beans  
French Breadstick (1 Carb)  
Sugar Cookie (1 Carb)

#### **Soup & Salad of the Day**

SR Chicken Noodle  
Soup (1Carb)  
Trio Plate

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

#### **Beverages**

C/Decaf  
HT/IT Fruit or Pineapple (1 Carb)

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### Dinner

#### **Chef's Choice**

Chicken Marsala  
Rice  
Roasted Veggies  
Pinapple Upside Down Cake (2 Carbs)

#### **Soup & Salad of the Day**

SR Chicken Noodle  
Soup (1Carb)  
Trio Plate

Sugar-Seasoning-Pepper  
S & L-Seasoning-Pepper

#### **Beverages**

C/Decaf  
HT/IT Grape or Apple (1 Carb)

NAME: \_\_\_\_\_ Rm #: \_\_\_\_\_