

# 2021 Community Benefit Report and Report on 2020-2022 Implementation Strategies



The Community Benefit Report is made available to the public via the CAMC Health System website at www.camc.org and is available upon request from the hospital facility.

Approved by the CAMC Board of Trustees, December 21, 2022



# **Charleston Area Medical Center**

## CAMC General Hospital, CAMC Memorial Hospital and CAMC Women and Children's Hospital Charleston, West Virginia

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## Charleston Area Medical Center CAMC General Hospital, CAMC Memorial Hospital and CAMC Women and Children's Hospital Charleston, West Virginia

## 2021 Community Benefit Report on 2020-2022 Implementation Strategies Executive Summary

This community benefit report describes the programs and services that take place every day at Charleston Area Medical Center to improve the health of our community.

In 2021, Charleston Area Medical Center provided \$166,677,666 in community benefit. Our programs and services go well beyond the traditional health care we often think of when we consider hospital care and are delivered both inside and outside the walls of our hospitals. They are driven by our mission, *Striving to provide the best health care to every patient, every day.* Our hospitals and outpatient programs and services bring our mission to life – providing effective, efficient, equitable, timely and safe care to all, regardless of ability to pay.

Charleston Area Medical Center is a not-for-profit four-hospital system comprised of CAMC Memorial Hospital, CAMC General Hospital and CAMC Women and Children's Hospital. CAMC Teays Valley Hospital was added in March 2014 and has its own community health needs assessment, implementation strategies and community benefit report. Our hospitals operate under one administrative structure and participate in joint strategic planning and budgeting processes. Each hospital has responsibility for key service lines. Our hospitals are designed to provide care for our community residents throughout every stage of their lives. Our patients depend on us to provide convenient and compassionate care – care delivered regardless of a patient's ability to pay. We provide our community with programs of excellence in cardiovascular services, medicine, surgery, oncology, trauma, neurology, orthopedics, rehabilitation, bariatrics, and women and children's services.

We give back to our community because we understand the impact that exceptional medical care, charity care, education, corporate contributions and community partnerships have on the lives of real people. In this report, you will read about examples of the programs we provide to the community and how we demonstrate our community commitment.

CAMC General Hospital



CAMC Memorial Hospital



CAMC Women and Children's Hospital



# CAMC WOMEN and CHILDREN'S, and CAMC TEAYS VALLEY HOSPITALS\*

#### **CHARITY CARE AT COST**

Free or discounted health services provided to persons who meet the organization's criteria for financial assistance and are thereby deemed unable to pay for all or a portion of the services. Charity care is reported in terms of costs, not charges. Charity care does not include: (1) bad debt or uncollectible charges that the hospital recorded as revenue but wrote off due to failure to pay by patients, or the cost of providing such care to patients, (2) the difference between the cost of care provided under Medicaid or other means- tested government programs or under Medicare and the revenue derived therefrom, or (3) contractual adjustments with any third-party payors.

2021 COMMUNITY BENEFIT SUMMARY for CAMC MEMORIAL, CAMC GENERAL,

#### **GOVERNMENT SPONSORED MEANS-TESTED HEALTH CARE SHORTFALLS**

Includes the unpaid costs of public programs for low-income persons; the "shortfall' created when a facility receives payments that are less than cost of caring for public program beneficiaries. This payment shortfall is not the same as a contractual allowance, which is the full difference between charges and government payments.

#### Unreimbursed Medicaid

#### Other Public Unreimbursed Costs

Includes CHIPS, Prevention First, Catastrophic Illness Commission, Community Access Program

#### SUBSIDIZED HEALTH SERVICES

Clinical programs that are provided despite a financial loss so significant that negative margins remain after removing the effects of charity care, bad debt and Medicaid shortfalls. Nevertheless, the service is provided because it meets an identified community need and if no longer offered, it would be either unavailable in the area or fall to the responsibility of the government or other not-for-profit organization to provide. Subsidized health services at CAMC include Family Resource Center support at \$338,142, the Lactation Support Program at \$239,638 and the Palliative Care Program at \$822,861.

#### COMMUNITY BENEFIT PROGRAMS AND SERVICES

See details beginning on page 44.

Community Health Improvement Services1,411,780Health Professions Education38,189,581Financial and In-Kind Contributions51,525Community Building Activities344,053Community Benefit Operations237,107

TOTAL \$166,677,666

In addition to the above, although Medicare and Bad Debt are not included as part of the community benefit report per IRS guidelines, they are reflective of CAMC's role in providing benefit to our community.

UNREIMBURSED MEDICARE AT COST	\$232,397,664
Medicare is not considered a means tested program and thus is not included as part of community benefit.	
BAD DEBT AT CHARGE	\$53,016,605
Unreimbursed charges excluding contractual adjustments, arising from the failure to pay by patients whose	health care has not been

Unreimbursed charges, excluding contractual adjustments, arising from the failure to pay by patients whose health care has not been classified as charity care.

NOTE: Charity Care, Unreimbursed Medicare, Medicaid and Bad Debt – The total cost estimate for this care was determined by applying our Medicare ratio of cost to charges generated for these patient financial classifications.

\* CAMC Teays Valley Hospital became part of Charleston Area Medical Center, Inc. in March 2014 and all CAMC hospitals are under the same provider number.

#### \$13,716,440

\$1.400.641

\$111,162,500

\$164,309

\$40,234,046

## CAMC General Hospital, CAMC Memorial Hospital and CAMC Women and Children's Hospital

## 2021 Community Benefit and Implementation Strategy Report

The Kanawha Coalition for Community Health Improvement was founded in 1994 by Charleston Area Medical Center and other Kanawha County hospitals working in partnership with local organizations. The Coalition's mission is *to identify and evaluate health risks and coordinate resources to measurably improve the health of the people of Kanawha County*. A Community Needs Assessment is conducted through the Kanawha Coalition for Community Health Improvement every three years. The Implementation Strategies in this report are based on the 2020 Community Health Needs Assessment. The Kanawha Coalition for Community Health Improvement held a convening of Community Experts to rank and prioritize the top community needs and forms work groups to address these top issues. CAMC supports the work of these groups but also addresses the remaining health issues through a systematic process described on page 19.

The Kanawha Coalition for Community Health Improvement's goals for the Community Health Needs Assessment process include:

- 1. Assess the health needs of the citizens of Kanawha County.
- 2. Inventory available resources.
- 3. Determine unmet needs.
- 4. Evaluate and prioritize needs.
- 5. Involve affected organizations and constituencies in developing possible solutions.
- 6. Develop consensus.
- 7. Facilitate implementation.
- 8. Measure and evaluate outcomes.

The Kanawha Coalition Assessment Process findings (County Health Data, Expert Opinion Survey, Convening of Experts, Listening sessions, and a paper and online survey) and the County Health Indicator Reports were systematically analyzed to develop a list of the top community health issues for our 12 county service area. These include:

#### LIVE: Health and Social

#### Wellness promotion and chronic disease prevention education

 Diabetes, Obesity, Heart Disease, COPD, Substance Use Disorder, HIV/AIDS, Hepatitis A/B/C, Mental Health

#### LIVE: Safety and Infrastructure

#### Safe roads & transportation

• Homelessness, Safe/Distracted Driving, Access to Transportation

#### LEARN

#### Access to affordable and adequate early childhood education

Access and Availability of Early Childhood Education

# WORK Barriers to Work • Low Wages, Lack of Job Opportunities/Education or Skills Training PLAY

#### Access to safe and Adequate recreation, exercise and play opportunities

• Safety and Accessibility of Recreation Areas

CAMC staff serves on the community workgroups of the Kanawha Coalition for Community Health Improvement and along with Steering Committee members are involved in development of a community-wide community benefit plan addressing the top health issues identified during the Community Forum. They also support plan implementation and outcome measurement. The Steering Committee provides ongoing oversight to the work groups' plans. The workgroups accomplishments were as follows in 2021.

# Kanawha-County Health Improvement Process Implementation Plan

Date Created: 8/1/2017 (DRAFT)

Date Reviewed/Updated: 05/1/2022

#### PRIORITY AREA: Early Childhood Education

GOAL: To increase the awareness of the importance of early childhood education and to increase enrollment in Kanawha County

PERFORMANCE MEASURES		
How We Will Know We are Making a Difference	<b></b>	
Short Term Indicators	Source	Frequency
To increase the number of interest meeting for communities that are considered low	Annual CHIP	Annually
income by 2%.	Progress Report	
To have served 200 to 300 one-page documents to local hospitals describing the	Annual CHIP	Annually
importance of early childhood education	Progress Report/	
	Local community	
	development plans	
To have one barrier Eliminated as it pertains to early childhood enrollment	Annual CHIP	Annually
	Progress Report	
Long Term Indicators	Source	Frequency
Work with the BOE at making Pre-K mandator	Board of Education	As updated
Measure enrollment from year to year	Board of Education	As updated
Aid in eliminating barriers to parents to enroll children	Board of Education	As updated
Increase enrollment in low-income areas by 5%	Board of Education	As updated
To screen children early to detect any learning disabilities	Board of Education	As updated

ODIECTIVE #4 To management the sec					
OBJECTIVE #1 To measure the pa	articipation	n interest meeting	g and increase participati	on	
BACKGROUND ON STRATEGY					
Source: KCCHI Focus Group Find	ings				
Evidence Base: <u>https://wvde.sta</u>	ate.wv.us/oe	l/docs/Washingto	on%20Assessment%20Gu	ide.pdf	
Type of Change(s): 🛛 Policy 🗹	Systems 🛛	Environmental			
Rationale: Studies have shown t	hat early chi	Idhood education	aid in a child being a bet	ter student in the lo	ng run
Strategy: Promote interest in a d	-				-
Target Audience: Adults and fam	-		•	•	
ACTION PLAN					
Activity	Target	Resources	Lead Person/	Anticipated	Progress
-	Date	Required	Organization	Product or Result	Notes
Find funding source(s)		-			
Promoting interest meeting in	March,				
low-income areas in Kanawha	2022				
County					
The start of interest meeting in	April, 2022				
Kanawha County					
Meet with BOE/Pre-K to see what	On going	Staff time	KCCHI Stakeholders	Market inventory	Completed
marketing materials will be		Volunteer time	Group / BOE		
needed for an advertising		Community			
campaign		teams			
Monitor, update and evaluate	September	Staff time	KCCHI Stakeholders	Quarterly progress	Completed
database usage	1, 2022	Funding	Group / BOE	reports	
	(on-going)				

OBJECTIVE #2 Create a one-page document that can be placed into the newborn packages to provide information on the importance of early childhood education to new parents at local hospitals (CAMC and Thomas)

#### BACKGROUND ON STRATEGY

Source:

Evidence Base:

Type of Change(s): □ Policy ☑ Systems ☑ Environmental

Rationale: Introduce new parents to the importance of early childhood education, which will result in improved educational outcomes in the long run.

Strategy: by including a one-page document into newborn packages at hospitals

Target Audience: New parents

ACTION PLAN					
Activity	Target	Resources	Lead Person/	Anticipated	Progress
	Date	Required	Organization	Product or Result	Notes
Convene residents/key	July -	Staff time	BOE/KCCHI Stakeholders	List of potential	Ongoing
stakeholders in communities	Oct.,	Volunteer time	Group	solutions to	
affected by gaps in access to	2022	Participating		improve enrollment	
discussions to identify solutions.		communities		of Pre-K	
		Meeting space &			
		materials			
Engage faith-based organizations	July –	Staff time	BOE/KCCHI Stakeholders	Engagement of faith	Completed
to encourage participation in Pre-	Oct.	Volunteer time	Group	community	
K initiative	2022	Engagement of			
		faith-based			
		initiatives			
Support local planned initiatives	July 2022	Staff time	BOE/KCCHI Stakeholders	Community plans	Ongoing
to address gaps as deemed	– March,	Volunteer time	Group	Improved access	
appropriate	2024				

**OBJECTIVE #3:** Working with BOE and with communities across Kanawha County to eliminate barriers and address gaps in services

**BACKGROUND ON STRATEGY** 

Source: A Guide to Assessment in Early childhood

Evidence Base: https://wvde.state.wv.us/oel/docs/Washington%20Assessment%20Guide.pdf

Type of Change(s): □ Policy □ Systems ☑ Environmental

Rationale: By addressing the barriers that keep parents from bring children to Pre-K we can increase the overall numbers

Strategy: Working with faith-based organizations and Board of Education to address barriers

**Target Audience: Kanawha County Residents** 

#### **ACTION PLAN**

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Identify and Recruit Stakeholders and others who are also engaged in increasing enrollment	July, 2022	Staff time Volunteer time	BOE/CAMC/Thomas/KCCHI Stakeholders Group	List of potential stakeholders Ideas/resources	Ongoing process
Engage Stakeholders in Developing implementation plan to address berries (if there are any barriers to enrollment)	August 1, 2022	Staff time Volunteer time Meeting space Meeting materials	BOE/CAMC/Thomas/KCCHI Stakeholders Group	Implementation plan	Ongoing process
Develop evaluation plan	August 1, 2022	Staff time Volunteer time	BOE/CAMC/Thomas/KCCHI Stakeholders Group	Evaluation plan	
Implement plan	Sept. – Nov. 2022	Staff time Volunteer time	BOE/CAMC/Thomas/KCCHI Stakeholders Group		Ongoing

		Participation of community members			
Plan for future challenges based	January	Staff time	BOE/CAMC/Thomas/KCCHI	Calendar of future	Ongoing
upon outcomes, revise as	2023	Volunteer time	Stakeholders Group	event(s)	
needed					

ALIGNMENT WITH STATE/NATIONAL PRIORITIES			
Objective #	WV Healthy People 2020	Healthy People 2020	National Prevention Strategy
1: Increase awareness of the importance of Pre-K education	X	X	X
2: Implement one pager to insert into	X	X	X
3: Increase enrollment in Kanawha County	X	X	X

#### DESCRIBE PLANS FOR SUSTAINING ACTION

The ultimate objective would be to amend the mandate to make Pre-K compulsory, which would boost enrolment and provide children a head start in school. By collaborating with Kanawha County hospitals and the BOE, early childhood education should grow in popularity and relevance throughout the county.

# Kanawha-County Health Improvement Process Implementation Plan

#### Date Created: 6/1/2020 (DRAFT)

Date Reviewed/Updated: 6/10/2022

#### PRIORITY AREA: Health & Social

GOAL: To increase access to wellness promotion and chronic disease prevention education for employees as well as the community at large.

PERFORMANCE MEASURES How We Will Know We are Making a Difference		
Short Term Indicators	Source	Frequency
Regular interdepartmental planning sessions to promote among CAMC community	Annual CHIP Progress Report	Annually
Identified gaps in access to health and wellness prevention and locally developed plans to address these gaps.	Annual CHIP Progress Report/ Local community development plans	Annually
Plan developed and implemented to publicly promote prevention educational resources	Annual CHIP Progress Report	Annually
Long Term Indicators	Source	Frequency
Utilization by employees and general population	Keys4Kids/KCCHI	As updated
Growth in knowledge base related to topics discussed	Keys4Kids/KCCHI	As updated
Request for additional topics	Keys4Kids/KCCHI	As updated
Overall improvement in population from attending listening sessions	Keys4Kids/KCCHI	As updated

**OBJECTIVE #1:** Increase an expand knowledge base of the residents of Kanawha County through information sessions designed around health topics related to chronic diseases associated with obesity

#### **BACKGROUND ON STRATEGY**

Source: KCCHI Focus Group Findings

**Evidence Base:** Effectiveness of databases for social services and working with employee wellness program have proven to be instrumental in linking people with services.

#### Type of Change(s): □ Policy ☑ Systems □ Environmental

Rationale: increased education and knowledge proven effective in improved healthy lifestyle choices/decisions. Strategy: Centralized database where employees and community could listen to the information sessions

Strategy: Centralized database where employees and community could listen to the information sessions Target Audience: Adults and families

AC	ΤI	ON	PLAN		

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Find the expertise within CAMC and build a team to ensure the success of this program					
Survey on what session would be of interest	January,2021				
Launch information sessions	January,2022				
Identify existing areas of concern among employees as well community	June, 2022	Staff time Volunteer time Community teams	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Community teams	Ongoing

Schedule information sessions	March -	Staff time	Keys4Kids/WV Health	Market inventory	Ongoing
to go with each month that has	April, 2022	Volunteer time	Network/KCCHI		
falls in line with national health		Community	Stakeholders Group		
issues		teams			
Expand efforts to in reaching in	June, 2022	Staff time	Keys4Kids/WV Health	Resource lists that	A work in
house community of CAMC		Volunteer time	Network/KCCHI	can be linked to	progress
			Stakeholders Group	via new database	
				Shared use agreements	
Monitor, update and evaluate	April,2022	Staff time	Keys4Kids/WV Health	Quarterly	Ongoing
information session attendance	(on-going)	Funding	Network/KCCHI	progress reports	
			Stakeholders Group		

# OBJECTIVE #2: Identify and address gaps in access to health and wellness education as identified through health assessment (see action plan under objective one).

#### BACKGROUND ON STRATEGY

**Source:** Completed inventory (see Objective One Action Plan)

**Evidence Base:** McKeon, G., Papadopoulos, E., Firth, J., Joshi, R., Teasdale, S., Newby, J., & Rosenbaum, S. (2022). Social media interventions targeting exercise and diet behaviors in people with noncommunicable diseases (NCDs): A systematic review. Internet interventions, 27, 100497. <u>https://doi.org/10.1016/j.invent.2022.100497</u>

#### Type of Change(s): □ Policy ☑ Systems ☑ Environmental

Rationale: Community members know best what will work or not work in their community.

Strategy: Convene community meetings in areas where gaps are identified to facilitate discussions about solutions.

#### Target Audience: Community members **ACTION PLAN** Activity Lead Person/ Anticipated Target Resources Progress Date Required Organization Product or Notes Result **Convene residents/key** Staff time Keys4Kids/WV Health List of potential July -Improve on Volunteer time Network/KCCHI marketing to stakeholders in communities Sept., solutions to 2022 Stakeholders Group improve access to CAMC affected by gaps in access to Participating health and wellness listening communities listening sessions employees sessions and facilitate Meeting space & and opportunities and facilitate materials community at discussions to identify solutions. large Keys4Kids/WV Health **Engage faith-based physical** July – Staff time Engagement of Ongoing Network/KCCHI activity initiatives Sept. Volunteer time faith community 2022 Engagement of Stakeholders Group faith-based initiatives Address barriers for community August. Staff time Keys4Kids/WV Health Enhanced access Ongoing participation (links, web page to 2022 Volunteer time Network/KCCHI to listening listen to recordings) Citizen Stakeholders Group platforms engagement Support local planned initiatives January1, Staff time Keys4Kids/WV Health Community plans Ongoing to address gaps as deemed 2022 – Volunteer time Network/KCCHI Improved access appropriate January Stakeholders Group 1.2024

**OBJECTIVE #3:** Implement a county wide strategy for all in Kanawha County to be able to listen to the information sessions.

BACKGROUND ON STRATEGY

Source:

Evidence Base:

Type of Change(s): □ Policy □ Systems ☑ Environmental

Rationale: This strategy will promote better health among Kanawha County residents

**Strategy:** County-wide to promote building a knowledge base on one's own health and wellness **Target Audience:** Employee's and Community at large

ACTION PLAN					
Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result	Progress Notes
Identify and Recruit Stakeholders and others who are already working on alternative activities to screen time ( <i>i.e.</i> , WV Health Network, Keys4Kids, WV Health Connection, etc.)	May 1, 2022	Staff time Volunteer time	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	List of potential stakeholders	Ongoing
Engage Stakeholders in Developing implementation plan for pushing prevention education for Kanawha County	July 1, 2022	Staff time Volunteer time Meeting space Meeting materials	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Implementation plan	Working many depts for better promotion
Develop evaluation plan	July 1, 2022	Staff time Volunteer time	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Evaluation plan	By tracking how many people attend
Develop sustainability plan	July 1, 2022	Staff time Volunteer time	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Sustainability plan	Providing continuing education credit
Procure funding		Funding	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Funding	Funding will not be necessary
Implement plan	May. – July 2022	Staff time Volunteer time Participation of community members	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	number of participants	
Plan for future challenges based upon outcomes, revise as needed	January 1, 2023	Staff time Volunteer time	Keys4Kids/WV Health Network/KCCHI Stakeholders Group	Calendar of future event(s)	Ongoing

#### ALIGNMENT WITH STATE/NATIONAL PRIORITIES

Objective #	WV Healthy People 2020	Healthy People 2020	National Prevention Strategy
1: Develop an expanded knowledge through			
information sessions for employees and the public	X	X	Х
at large (on going)			
2: Identify and address gaps in access to these			
listening sessions so all can have an opportunity to	Х	Х	Х
obtain the information			
3: Address chronic diseases within Kanawha	N N	, v	V
County to aid in prevention	X	X	X

#### DESCRIBE PLANS FOR SUSTAINING ACTION

Key4Kids will continue with these learning sessions by offering continuing education which encourages employees to attend. Community based sessions with similar topics will be offered to the general population as well and recorded and set on a website for other to partake in learning.

# Kanawha-County Health Improvement Process Implementation Plan

Date Created: 8/1/2017 (DRAFT)

Date Reviewed/Updated: 6/23/2022

**PRIORITY AREA:** Access to Physical Activities in Kanawha County

GOAL: To increase access to safe and adequate recreation, exercise and play opportunities among Kanawha County residents by stripping away barriers for resident can have access to recreational/physical activity opportunities regardless of where they live in Kanawha County.

PERFORMANCE MEASURES How We Will Know We are Making a Difference		
Short Term Indicators	Source	Frequency
An online database of recreation/physical activity opportunities, searchable by geographic location in Kanawha County	Annual CHIP Progress Report	Annually
Identified gaps in access to recreation/physical activity opportunities and locally developed plans to address these gaps.	Annual CHIP Progress Report/ Local community development plans	Annually
Encourage citizens of Kanawha County to participate in free events, and limit sofa time.	Annual CHIP Progress Report	Annually
Long Term Indicators	Source	Frequency
Decrease the prevalence of obesity among WV adults from to 35.0% 25.7% by 2020 (Healthy People 2020)	WV-BRFSS	As updated
Decrease the prevalence of obesity among WV high school students from 15.6% to 14.0% by 2020 (Healthy People 2020)	WV-BRFSS	As updated
Increase the prevalence of leisure-time exercise among West Virginia adults from 71.3% to 75.0% by 2020 (BRFSS 2014)	WV-BRFSS	As updated
Increase the prevalence of adults who meet the 2008 Physical Activity Guidelines for Americans from 12.7% to 14.0% by 2020 (BRFSS 2013)	WV-BRFSS	As updated
Increase the percentage of population with adequate access to locations for physical activity	RWJ County Health Rankings	As updated
Increase the prevalence of daily physical activity for at least 60 minutes among public high school students from 31.0% to 45.0% by 2019 (YRBS 2013)	YRBS-2013	As updated

OBJECTIVE #1: Develop an expanded recreational/physical activity database, searchable by geographic locations in Kanawha County by April,2022

#### **BACKGROUND ON STRATEGY**

Source: KCCHI Focus Group Findings

Evidence Base: Effectiveness of databases for social services. Proven to be instrumental in linking people with services.

#### Type of Change(s): □ Policy ☑ Systems □ Environmental

**Rationale:** A "one-stop", centralized resource database for recreational and physical activity opportunities was identified as a need through KCCHI's focus groups by participants who were overweight and/or pre-diabetic/diabetic **Strategy:** Centralized database for recreational and physical activity opportunities

Target Audience: Adults and families

ACTION PLAN						
Activity	Target	Resources	Lead Person/	Anticipated	Progress	
	Date	Required	Organization	<b>Product or Result</b>	Notes	
Find funding source(s) for online						
database design (See Diabetes						
Goal, Objective 3)						
Design and pilot database	March 2022					

Laurah datahasa	Amail 2022				
Launch database	April, 2022			1	I
Develop teams or identify	April, 2022	Staff time	ASWV/SOHO/KCCHI	Community teams	Completed
existing teams for key geographic		Volunteer time	Stakeholders Group		
locations in Kanawha County		Community			
		teams			
Teams conduct local inventory of	March -	Staff time	ASWV/SOHO/KCCHI	Market inventory	Completed
recreational and physical activity	April, 2022	Volunteer time	Stakeholders Group		
opportunities by geographic		Community			
location		teams			
Identify other existing lists of	April, 2022	Staff time	ASWV/ SOHO/Key4Kids	Resource lists that	Completed
resources (public parks, city		Volunteer time	KCCHI Stakeholders	can be linked to via	
parks, community centers,			Group	new database	
KEYS4HK GIS map, 211, etc.)				Shared use	
				agreements	
Monitor, update and evaluate	April,2022	Staff time	ASWV/SOHO/Keys4Kids/	Quarterly progress	Completed
database usage	(on-going)	Funding	KCCHI Stakeholders	reports	
			Group		

# **OBJECTIVE #2:** Identify and address gaps in access to recreational and physical activity opportunities as identified through inventory (see action plan under objective one).

#### **BACKGROUND ON STRATEGY**

Source: Completed inventory (see Objective One Action Plan)

**Evidence Base:** Engaging community members in local planning efforts has proven effective in multiple community development efforts.

#### Type of Change(s): □ Policy ☑ Systems ☑ Environmental

Rationale: Community members know best what will work or not work in their community.

**Strategy:** Convene community meetings in areas where gaps are identified to facilitate discussions about solutions. **Target Audience:** Community members

ACTION PLAN							
Activity	Target	Resources	Lead Person/	Anticipated	Progress		
	Date	Required	Organization	Product or Result	Notes		
Convene residents/key	Feb	Staff time	ASWV/SOHO/	List of potential	Completed		
stakeholders in communities	March	Volunteer time	KCCHI Stakeholders	solutions to			
affected by gaps in access to	2022	Participating	Group	improve access to			
recreational and physical activity		communities		recreational and			
opportunities and facilitate		Meeting space &		physical activity			
discussions to identify solutions.		materials		opportunities			
Engage faith-based physical	March	Staff time	ASWV/ SOHO/	Engagement of	(Ongoing)		
activity initiatives	2022	Volunteer time	KCCHI Stakeholders	faith community			
	(ongoing)	Engagement of	Group				
		faith-based					
		initiatives					
Assess Kanawha Regional Transit	July 2022	Staff time	ASWV/SOHO/Keys4Kids/	Enhanced transit			
routes to access physical activity	(ongoing)	Volunteer time	KCCHI Stakeholders	routes			
opportunities and work with KRT		Citizen	Group				
to address transportation barriers		engagement					
		KRT engagement					
Support local planned initiatives	March	Staff time	ASWV/SOHO/Keys4Kids/	Community plans	(Work in		
to address gaps as deemed	2022	Volunteer time	KCCHI Stakeholders	Improved access	Progress)		
appropriate	(ongoing)		Group				

**OBJECTIVE #3:** Build up Community Captions to lead activities in Kanawha County

**BACKGROUND ON STRATEGY** 

Source <a href="https://activeswv.org/community-captains/">https://activeswv.org/community-captains/</a>

Evidence Base: The Guide to Community Prevention Services (The Guide)

https://journals.lww.com/jphmp/fulltext/2008/11001/Community\_Health\_Ambassadors\_\_A\_Model\_for\_Engaging.13.asp

<u>×</u>

#### Type of Change(s): □ Policy □ Systems ☑ Environmental

**Rationale:** This strategy will promote the new online recreation/physical activity opportunities database to link residents to opportunities accessible in their community. (see Objective 1: Action Plan)

**Strategy:** County-wide community Captain program to promote activities in local areas by local people

#### Target Audience: Community members

ACTION PLAN						
Activity	Target	Resources	Lead Person/	Anticipated	Progress	
	Date	Required	Organization	Product or Result	Notes	
Identify and Recruit Stakeholders	May 1,	Staff time	ASWV/SOHO/Keys4Kids/	List of potential	Completed	
and others who are already	2022	Volunteer time	KCCHI Stakeholders	stakeholders-Active		
working on alternative activities to			Group	Southern WV,		
screen time (i.e., Active Southern				Key4Kids, Charleston		
WV, Keys4Kids, Charleston Parks &				Parks & Recreation		
Recreation, etc.)						
Engage Stakeholders in	May 1,	Staff time	ASWV/SOHO/Keys4Kids/	Implementation plan	Building of	
Developing implementation plan	2022	Volunteer time	KCCHI Stakeholders		Communit	
to roll out community-based		Meeting space	Group		y Captions	
activities		Meeting			Program	
		materials			(Complete	
Develop evolution alon	May 1	Staff time	ASWV/SOHO/Keys4Kids/	Evaluation plan –	d) Completed	
Develop evaluation plan	May 1, 2022	Volunteer time	KCCHI Stakeholders	Once a month check	Completed	
	2022	volunteer time	Group	ins		
Develop sustainability plan	May 1,	Staff time	ASWV/SOHO/Keys4Kids/	Sustainability plan-	10	
Develop sustainability plan	2022	Volunteer time	KCCHI Stakeholders	Once CC has been	Communit	
	2022	voluncer time	Group	built up the program	y Captains	
			Cloup	will be on going	in use in	
					Kanawha	
					County	
Procure funding	June,	Funding	ASWV/SOHO/Keys4Kids/	Funding	(Ongoing)	
-	2022		KCCHI Stakeholders			
			Group			
Implement plan	May. –	Staff time	ASWV/SOHO/Keys4Kids/	Turn Off Challenge;		
	Nov. 2022	Volunteer time	KCCHI Stakeholders	number of		
		Participation of	Group	participants		
		community				
		members				
Plan for future challenges based	Feb. 1,	Staff time	ASWV/SOHO/Keys4Kids/	Calendar of future	Ongoing	
upon outcomes, revise as needed	2023	Volunteer time	KCCHI Stakeholders	event(s)		
			Group			

ALIGNMENT WITH STATE/NATIONAL PRIORITIES								
Objective #	WV Healthy People 2020	Healthy People 2020	National Prevention Strategy					
1: Develop an expanded recreational/physical activity database, searchable by geographic locations in Kanawha County by April 2022 (ongoing).	X	X	X					
2: Identify and address gaps in access to recreational and physical activity opportunities as identified	X	X	X					
3: Implement a countywide Community Captain program	X	X	X					

#### DESCRIBE PLANS FOR SUSTAINING ACTION

A permanent home for the centralized database will be identified to display activities throughout Kanawha County. Local community development plans will be in place to address gaps in access to recreation/physical activity opportunities. Community members will be linked to local resources and key stakeholders who can help support community plans.

# Kanawha-County Health Improvement Process Implementation Plan

Date Created: 5/1/2022 (DRAFT)

Date Reviewed/Updated: 09/15/2022

PRIORITY AREA: Increased access to transportation for people who live, work and play in Kanawha County. GOAL: To increase awareness of the different modes and program related to transportation for Kanawha County

PERFORMANCE MEASURES		
How We Will Know We are Making a Difference Short Term Indicators	Source	Frequency
Increased knowledge of what types of transportation services are supplied in	Annual CHIP	Annually
Kanawha County	Progress Report	-
Identified gaps in transportation for Kanawha County Residents	Annual CHIP	Annually
	Progress Report/	
	Local community	
	development plans	
Identified barriers for residents in accessing transportation	Annual CHIP	Annually
	Progress Report	
Long Term Indicators	Source	Frequency
Usage of public transportation	KRT	As updated
Efficiency in travel	KRT	As updated
How accessible is public transportation within Kanawha County	KRT	As updated
Affordability to travel using public transportation and other modes	KRT	As updated

OBJECTIVE #1: Increase the knowledge base of Kanawha County residents about the different modes of transportation which are available by 2023

BACKGROUND ON STRATEGY

Source: KCCHI Focus Group Findings

Evidence Base:

Type of Change(s): □ Policy ☑ Systems □ Environmental

**Rationale:** Pesola, A. J., Hakala, P., Berg, P., Ramezani, S., Villanueva, K., Tuuva-Hongisto, S., Ronkainen, J., & Laatikainen, T. E. (2020). Does free public transit increase physical activity and independent mobility in children? Study protocol for comparing children's activity between two Finnish towns with and without free public transit. BMC public health, 20(1), 342. https://doi.org/10.1186/s12889-020-8385-6

**Strategy:** Develop a centralized website where employees and community could access information related to modes of transportation.

Target Audience: Adults and families

ACTION PLAN						
Activity	Target	Resources	Lead Person/	Anticipated	Progress	
	Date	Required	Organization	<b>Product or Result</b>	Notes	
Find the expertise within						
Transportation sector and build a						
team to ensure the success of this						
program						
Do an assessment of what modes						
of transportation are available to						
the public						
Gather transportation resources	Jan – June	Staff time	KRT/Faith In Action,	Community teams	Ongoing	
that the general public can use	2022	Volunteer time	Kanawha Senior			
		Community	Services/KCCHI			
		teams	Stakeholders Group			
Create an area where	March to	Staff time	KRT/Faith In Action,	Market inventory	Ongoing	

information can be presented to population at large or is distributed out	June	Volunteer time Community teams	Kanawha Senior Services/KCCHI Stakeholders Group		
Entertain other modes of transportation that will address the aging population	June-2022 (on-going)	Staff time Volunteer time	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Resource lists that can be linked to via new database Shared use agreements	Work in Progress
Monitor, update and evaluate information	April,2022 (on-going)	Staff time Funding	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Quarterly progress reports	Ongoing

#### **OBJECTIVE #2:** Identify and address gaps in accessing transportation in Kanawha County

BACKGROUND ON STRATEGY

Source: (see Objective One Action Plan)

**Evidence Base:** Engaging community members in local planning efforts has proven effective in multiple community development efforts.

#### Type of Change(s): □ Policy ☑ Systems ☑ Environmental

Rationale: Community members know best what will work or not work in their community.

**Strategy:** Convene community meetings in areas where gaps are identified to facilitate discussions about solutions.

#### Target Audience: Community members

ACTION PLAN					
Activity	Target	Resources	Lead Person/	Anticipated	Progress
	Date	Required	Organization	Product or Result	Notes
Convene residents/key	July -	Staff time	KRT/Faith In Action,	List of potential	Improve on
stakeholders in communities	Sept.,	Volunteer time	Kanawha Senior	solutions to	marketing to
affected by gaps in access to	2022	Participating	Services/KCCHI	improve access to	community
transportation facilitate		communities	Stakeholders Group	listening sessions	residents
opportunities and facilitate		Meeting space &			
discussions to identify solutions.		materials			
Engage faith-based in	July –	Staff time	KRT/Faith In Action,	Engagement of faith	Work in
conversations with congregations	Sept.	Volunteer time	Kanawha Senior	community	Progress
and with organizations that can	2022	Engagement of	Services/KCCHI		
engage with seniors		faith-based	Stakeholders Group		
		initiatives			
Address barriers for community	August.	Staff time	KRT/Faith In Action,	Enhanced access to	Ongoing
participation to accessing public	2022	Volunteer time	Kanawha Senior	listening platforms	
transportation		Citizen	Services/KCCHI		
		engagement	Stakeholders Group		
Support local planned initiatives	January1,	Staff time	KRT/Faith In Action,	Community plans	Ongoing
to address gaps as deemed	2022 –	Volunteer time	Kanawha Senior	Improved access	
appropriate	January		Services/KCCHI		
	1, 2024		Stakeholders Group		

OBJECTIVE #3: Implement a county wide strategy to inform Kanawha County residents of the different forms of transportation and by what companies which provide the transportation						
BACKGROUND ON STRATEGY						
Source:						
Evidence Base:						
Type of Change(s):  Policy  S	Systems 🗹	Environmental				
	<b>Rationale:</b> This strategy will promote better access among Kanawha County residents					
Strategy: County-wide to promote having access to transportation throughout Kanawha County						
Target Audience: Employee's and Community at large						
ACTION PLAN						
Activity	Target	Resources	Lead Person/	Anticipated	Progress	
	Date	Required	Organization	Product or	Notes	

				Result	
Identify and Recruit Stakeholders and others who are already working in transportation ( <i>i.e.</i> <i>KRT, Kanawha Senior Services</i> <i>,etc.</i> )	May 1, 2022	Staff time Volunteer time	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	List of potential stakeholders	Done
Engage Stakeholders in Developing implementation plan for better marketing to Kanawha residents	July 1, 2022	Staff time Volunteer time Meeting space Meeting materials	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Implementation plan	Working many depts for better promotion
Develop evaluation plan	July 1, 2022	Staff time Volunteer time	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Evaluation plan	By tracking how many people ride
Develop sustainability plan	July 1, 2022	Staff time Volunteer time	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Sustainability plan	Providing look at aiding with eliminating barriers
Procure funding	open	Funding	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Funding	Ongoing
Implement plan	May. – July 2022	Staff time Volunteer time Participation of community members	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Increase number of participants	Numbers have increased over last 4 months
Plan for future challenges based upon outcomes, revise as needed	January 1, 2023	Staff time Volunteer time	KRT/Faith In Action, Kanawha Senior Services/KCCHI Stakeholders Group	Calendar of future event(s)	Ongoing

ALIGNMENT WITH STATE/NATIONAL PRIORITIES Objective # WV Healthy Healthy People 2020 National Preventior					
objective #	People 2020		Strategy		
1: Develop and expand access to transportation knowledge through information sessions for employees and the public at large (on going)	x	X	x		
2: Identify and address gaps in access to transportation	X	x	X		
3: How do residents go about connecting with the different modes of transportation	X	x	X		

#### DESCRIBE PLANS FOR SUSTAINING ACTION

At this point in time many of the solutions for transportation would short term and would be tied to some type of grant funding. We will continue as a community to seek long term solutions but until then we will have to rely on short term solutions to fill the gaps in services.

#### CHARLESTON AREA MEDICAL CENTER COMMUNITY NEEDS PLANNING

Charleston Area Medical Center is licensed for 956 beds on four campuses: General Hospital (268 beds), Memorial Hospital (472 beds), Women and Children's Hospital (146 beds) and CAMC Teays Valley Hospital (70 beds). CAMC General, Memorial and Women and Children's hospitals are all located in the city limits of Charleston in Kanawha County. General Hospital focuses primarily on the neurological, orthopedic, trauma and rehabilitation service lines. Memorial Hospital supports the cardiac, peripheral vascular and oncology services lines. Women and Children's Hospital focuses on mother, baby, pediatric and gynecology service lines. Medicine and general surgery cross both Memorial and General Hospitals. Community benefit services are aligned by service versus hospital, thus at times are clearly aligned by hospital, but not in the case of many of the activities that span all hospitals. Additionally, many of our reports that are used for benchmarking and comparisons are for CAMC versus the individual hospitals.

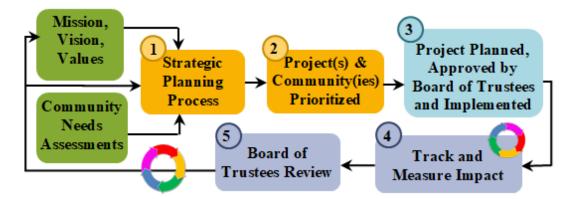
Although all CAMC hospitals are licensed separately, the Kanawha County Charleston hospitals jointly plan, implement goals and report into one governance structure. Because CAMC Teays Valley Hospital is located in Putnam County and serves as a community hospital, it completes its own community needs assessment and implementation strategies.

The CAMC Board of Trustees governs all CAMC hospitals and approves the Community Health Needs Assessments, Implementation Strategies and annual community benefit reports.

Community benefit is defined as a program or activity that responds to a demonstrated healthrelated community need and seeks to achieve at least one community benefit objective:

- Improve access to health services
- Enhance public health
- Advance generalizable knowledge
- Relieve a government burden to improve health (CHA, Vizient, Verite Healthcare Consulting, December 2020)

The following outlines CAMC's community support process:



Annually during the strategic planning process 1 we review the community health needs assessment findings, community priorities and our Environmental Analysis. In alignment with our mission, vision and values, we identify community health projects and their associated communities 1 for our community plan. These projects are 3 planned, implemented, and posted to our CAMC website. We 4 track and measure progress and use the DMAIC process for improvement. The CAMC Board approves the plan and 5 reviews plan progress annually. Because of the size and scope of our services, the approach we use to identify our key communities 2 is based on the project, key stakeholder needs, and our capacity. Our community for the KCCHI work groups is Kanawha County as determined by the KCCHI mission. For our CAMC strategy, community is based on the need identified through needs assessments for each of our service area counties and the population to be addressed. For example, our work to build a sustainable Research Infrastructure covers all of West Virginia and our HIV program serves our entire service area. Each strategy is deployed through a planning process that addresses key stakeholder needs and is evaluated based on predetermined criteria for outcomes expected. Cycles of learning have resulted in alignment of Civic Affairs Council monetary contributions to community needs, and to improvements from the random telephone survey process. In addition, CAMC staff serve on the community workgroups of the Kanawha Coalition for Community Health Improvement and they, along with Steering Committee members, are involved in development of a community-wide community benefit plan addressing the top health issues identified during the Convening of Community Experts. They also support plan implementation and outcome measurement. The Steering Committee provides ongoing oversight to the work groups' plans. Once the KCCHI plans are developed, as part of the strategic planning process, CAMC determines if there are additional areas of support that can be provided by CAMC to address the identified issues. The following table lists programs provided by CAMC that address these community priorities, and are identified and funded as part of operational planning by the CAMC Board of Trustees.

ADDRESSED BY CAMC		CAMC Memorial	CAMC WCH	How Addressed by CAMC (Implementation strategies and ongoing work) (I) = Implementation Strategy
LIVE: Health a				
Wellness prom	otion a	nd chro	nic dis	ease prevention education
Diabetes			x	<ul> <li>Keys 4 HealthyKids - Reduce Childhood Obesity, Prevent Diabetes (I)</li> <li>Gestational Diabetes Class at FRC</li> </ul>
Obesity	X	X	X	<ul> <li>Keys 4 HealthyKids – Improve Access and Consumption of Local Produce (I)</li> <li>Get Physical</li> <li>Mall Walkers</li> <li>Healthy Wage Challenges (Weight Loss/Healthy Steps)</li> <li>Play Patch at Charleston Town Center Mall</li> </ul>
Limited Access to Food	X	Х	Х	Build the Base of Local Growers and Artisans (I)
Heart Disease		x		<ul> <li>Advanced Life Support Training</li> <li>Heart Failure Readmission</li> <li>CMS Indicator Compliance</li> <li>American Heart Association Sponsorship</li> <li>Women Heart Support Group</li> <li>Charleston WV Heart Walk</li> </ul>
COPD	X	X	X	<ul> <li>CMS Indicator Compliance</li> <li>COPD Readmission</li> <li>Tobacco Free Day</li> <li>Smoke Free Campuses</li> </ul>
Cancer		x	x	<ul> <li>Relay for Life</li> <li>Cancer Center Fashion Show</li> <li>Cancer Center Support Group</li> <li>Breast Cancer Awareness Activities</li> <li>Breast Cancer Survivorship Group</li> <li>Run for Your Life</li> <li>American Lung Association Bike Trek</li> <li>Great American Smokeout</li> <li>Healthy Steps Exercise Program</li> <li>Mental Health Services for Children with Cancer (I)</li> <li>CAMC Foundation Grant–CAMC Breast Center free mammograms to uninsured/underinsured women; CAMC</li> </ul>

				Cancer Center for assistance with meds, chemo, supplies, etc.
Substance Use	Х	Х	Х	Ryan White Program (I)
Disorder, HIV/AIDS,	~		~	WECARE (I)
Hepatitis A/B/C				Baby First Program Addiction Services Peer Recovery
•				Support Specialists
				• REA of Hope Fellowship Home (Civic Affairs)
				<ul> <li>WV Chapter, Nat'l Hemophilia Foundation (Civic Affairs)</li> </ul>
				<ul> <li>Recovery Point of WV (Civic Affairs)</li> </ul>
Mental Health	Х	Х	Х	Outpatient Mental Health Services for Uninsured and
				Underinsured
				<ul> <li>Treatment of Dementia (I)</li> </ul>
				<ul> <li>Mental Health Services for Children with Cancer (I)</li> </ul>
Wellness Promotion	Х	Х	Х	Health Information Center
				Discounted Lab Work
				Flu Vaccine with Health Department
				COVID-19 Vaccine with Health Department
LIVE: Safety an	d Infra	structu	e	
Safe roads & tra				
	пэры			
Homelessness	Х	Х	Х	Covenant House – Civic Affairs
				Daymark – Civic Affairs
				Salvation Army – Civic Affairs
Safe/Distracted	Х			Distracted Driving/Driving Safety for Teens - Doug Douglas
Driving				<ul> <li>Project Graduation Dollars – Civic Affairs</li> </ul>
Access to	Х	Х	Х	Transportation resources for adults with cancer
Transportation				CAMC Uber
				Faith in Action of the Kanawha Valley (Civic Affairs)
LEARN				
	lahle a	and adec	nuate (	early childhood education
			Juare	
Access and			Х	Teddy Bear Fair
Availability of Early				Childhood Language Center & Children's Therapy Clinic (Civic
Childhood				Affairs)
Education				<ul> <li>Salvation Army Charleston Command (Civic Affairs)</li> </ul>
				Piedmont Elementary Celebration Station (Civic Affairs)
				Improve Access and Consumption of Local Produce (I)
WORK				
<b>Barriers to work</b>				
Barriers to work				
Barriers to work	X	X	х	Medical Explorers
		x	х	Healthcare Career Showcase
		x	x	Healthcare Career Showcase     CAMC Career Road Map
Low Wages		X	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> </ul>
		X	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> </ul>
Low Wages	Х			<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> </ul>
Low Wages Lack of Job Opportunities,	Х			<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills	Х			<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills Training	Х			<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills	Х			<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills Training PLAY	x	X	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> <li>Teaching Institution</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills Training PLAY Access to safe a	x x Ind ad	x equate i	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> <li>Teaching Institution</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills Training PLAY Access to safe a Safety and	x	X	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> <li>Teaching Institution</li> </ul> tion, exercise and play opportunities <ul> <li>Play Patch at Charleston Town Center Mall</li> </ul>
Low Wages Lack of Job Opportunities, Education, Skills Training PLAY Access to safe a	x x Ind ad	x equate i	x	<ul> <li>Healthcare Career Showcase</li> <li>CAMC Career Road Map</li> <li>Workforce Innovation and Opportunities Act</li> <li>Build the Base of Local Growers and Artisans (I)</li> <li>Imagine U</li> <li>Junior Nurse Academy</li> <li>CAMC Foundation Grant – Tuition Assistance</li> <li>Teaching Institution</li> </ul>

## ALTHOUGH NOT COUNTED AS CAMC COMMUNITY BENEFIT, CAMC HEALTH SYSTEM COMPANIES PLAY A SIGNIFICANT ROLE IN COMMUNITY HEALTH IMPROVEMENT:

**CAMC Health Education and Research Institute** serves as the education and research arm of the CAMC Health System. The Institute promotes the health of the community by:

- Sponsoring health professional training programs training the region's health professionals.
- Providing continuing education to health professionals in the community, region and state.
- Sponsoring management and leadership development programs.
- Sponsoring community health education and prevention education programs for the community.
- Conducting clinical and health services research targeted to improve health and health services delivery of our patients and community.
- Pursuing special program funding and grants to support education and research programs.
- Sponsoring simulation training experiences for regional education affiliates.
- Promoting and sustaining networks and partnerships that improve access to clinical trials and research funding opportunities.

**CAMC Foundation, Inc.** is the fund-raising organization for Charleston Area Medical Center (CAMC). The foundation works with donors to secure current and future support for CAMC programs and services to improve the health of the people in West Virginia. Looking to the future of health care in southern West Virginia, the CAMC Foundation serves as the conduit for charitable care; to help CAMC deliver high-level clinical health care, to provide educational opportunities for practitioners to become healers, and to fund social medical services for those in need. The foundation's mission is to support and promote Charleston Area Medical Center's delivery of excellent and compassionate health services and its contributions to the quality of life and economic vitality of the region.

The CAMC Foundation is guided by a volunteer board of directors representing many facets of our community, as well as a staff of individuals with many years' experience and strong community ties and loyalty.

**CAMC Teays Valley Hospital**, a 70 bed rural hospital in Putnam County, WV, provides acute and emergency services to its community as well as community benefit to the residents of its county. CAMC Teays completes its own Community Health Needs Assessment and Community Benefit Report.

## INPUT RECEIVED ON PRIOR COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGY FROM THE PUBLIC

CAMC's 2020 Community Health Needs Assessment and Implementation Strategy was made widely available on CAMC's website and the Needs Assessment was also published on the Kanawha Coalition for Community Health Improvement website. Annually, CAMC reports on the Implementation Strategies and these are posted to the CAMC website. CAMC did not receive any input from the public through the comment section with the postings or from any other source.

## INPUT OF ACTIONS TAKEN TO ADDRESS THE SIGNIFICANT HEALTH NEEDS IDENTIFIED IN CAMC'S PRIOR COMMUNITY BENEFIT REPORT ON IMPLEMENTATION STRATEGIES

Progress toward achievement of implementation strategies identified in CAMC's 2020 Community Health Needs Assessment and Report on Implementation Strategies and CAMC's 2017 Community Health Needs Assessment and Report on the Implementation Strategies in 2017, 2018 and 2019 were considered in the following ways:

a. Progress toward achievement of each implementation strategy was reviewed and assessed to determine if further action could bring additional improvement.

b. The results of each of the Kanawha Coalition's Workgroups was also reviewed and assessed to determine level of effectiveness in improving the identified area.

c. Once the 2020 CHNA top issues were identified from the community health needs assessment and analysis of CAMC's primary and secondary service areas, the issues were compared to the prior implementation strategy to determine if continued focus was warranted for any of the issues or if new strategies needed to be developed.

For example, Limited Access to Food was identified as a top issue in the 2017 CHNA, but not in the 2020 CHNA. CAMC made significant progress over the 2014–2020 time period. CAMC will continue to address this issue because access to healthy food is linked to Diabetes, Obesity, and Heart Disease, which have been noted as priority issues within our community in 2020.

# 2020 - 2022 CAMC Community Benefit Plan Implementation Strategy

JOINT IMPLEMENTATION STRATEGIES: The following community benefit implementation strategies are inclusive of CAMC General, CAMC Memorial and CAMC Women and Children's hospitals. Due to our corporate structure, corporate support for planning, quality, safety, finance and other functions, we address these issues for all hospitals from a system perspective as Charleston Area Medical Center.

- 1. Accountable Health Communities Program
- 2. Build Base of Local Growers and Artisans Providing Fresh Vegetables and Crafted Products to CAMC
- 3. Provide HIV Primary Care and Decrease New HIV Infections
- 4. Build a Sustainable Research Infrastructure that Substantively Contributes to Improving WV Health Outcomes
- 5. Improve Access and Consumption of Local Produce

#1	Charleston Area Medical Center – General Hospital, Memorial Hospital and Women and Children's Hospital
COMMUNITY HEALTH NEED	Diabetes, Obesity, Substance Use Disorder, Heart Disease, COPD, Limited Access to Food, Mental Health, Cancer
IDENTIFIED HEALTH ISSUE	Improve the health of Medicare and Medicaid beneficiaries with health-related social needs.
COMMUNITY SERVED	Medicaid, Medicare, and CHIP beneficiaries
PROGRAM DESCRIPTION AND RATIONALE	Accountable Health Communities Program - The AHC program will systematically identify the health-related social needs of community-dwelling Medicare and Medicaid beneficiaries, including those who are dually eligible, and address their identified needs. Socioeconomic factors affect health across the life span either by providing, or limiting, access to adequate housing, nutrition, transportation, education, a safe physical environment, and a voice in policy. A large body of scientific evidence supports a fundamental relationship between income inequality and negative health outcomes and that reducing poverty would improve population health. Furthermore, increasing access to affordable services related to nutrition, education, housing and safety (both physical and psychological) could also improve population health by partially mitigating the impact of poverty on overall health and well-being. The U.S. Census Bureau estimates that 18.3% of West Virginia (WV) residents are currently living in poverty. Child poverty continues to increase with almost 12% living in deep poverty, meaning these children survive on family incomes that are 50% below the poverty line. WV currently ranks 47th out of 50 states in overall health when considering community and environmental factors (secure housing, food security, availability of violence-free places), access to quality, affordable clinical care, public health programs and influence on policy, and individual health behaviors such as physical inactivity, poor diet, and substance use. WV also ranks 49th out of 50 states in negative health behaviors including excessive drinking, smoking, obesity, physical inactivity, as well as low high school graduation rate and is ranked 48th and 50th in poor mental health and poor physical health days, respectively and 49th in both premature death and preventable hospitalizations. Poor overall health is a major public health and financial concern in WV. According to the National Health Expenditures by State of Residence Report, it costs appro

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	March 2016, 988,031 out of 1,844,128 West Virginians were enrolled in Medicare, Medicaid, and the Children's Health Insurance related programs. Approximately 54% of WV residents are community-dwelling beneficiaries and represent a significant proportion of state health care expenditures. Despite these alarming health care issues and costs, WV residents have shown both a desire and a readiness for a healthy change in at least two ways: health care providers are incorporating patient navigation services for traditionally non-clinical needs that affect health and a statewide grassroots movement "Try This West Virginia" is helping inspire citizens within communities to collaborate on promotion of healthy behaviors. In response to the need for an accountable healthy community model, we have established a partnership consortium composed of 48 clinical sites within nine health systems that collectively serve all 55 counties of WV. We believe this consortium offers the most competitive approach for addressing the social service needs in the state because of the sustained expertise, innovative clinical practices and designs, and established coordination of social services of partners involved. The proposed consortium had 296,208 encounters (128,734 unique beneficiary encounters) with community- dwelling beneficiaries in the past twelve months and is confident in meeting the requirement to present opportunities to screen at least 75,000 beneficiaries per year for Year 2 through Year 4 as well as 18,750 during Year 1 and 37,500 during Year 5.
STRATEGIC OBJECTIVE	IMPLEMENT THE ACCOUNTABLE HEALTH COMMUNITIES GRANT TO IMPROVE OVERALL PATIENT WELL-BEING, INCREASE HEALTH EQUITY, AND REDUCE THE COST OF HEALTH CARE FOR THOSE PARTICIPATING.
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Increase community-dwelling beneficiaries' awareness of community resources that might be available to address their unmet health-related social needs.</li> <li>Increase the connection of high-risk community-dwelling beneficiaries with certain unmet health-related social needs to community resources through navigation services.</li> <li>Optimize community capacity to address health-related social needs through quality improvement, data-driven decision-making, and coordination and alignment of community-based resources.</li> <li>Reduce inpatient and outpatient health care utilization and the total costs of health care by addressing unmet health-related social needs through referral and connection to community services.</li> </ol>
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Increase preventive health screenings</li> <li>Decrease ED visits</li> <li>Decrease readmissions</li> <li>Decrease healthcare costs</li> <li>Increase appropriate utilization of outpatient services</li> </ul>
TIMELINE	Five year project beginning 4/1/2017 through 3/31/2022
RESOURCES	Partners in Health Network (PIHN), the West Virginia Bureau for Medical Services (WVBMS), the West Virginia Center for Excellence in Disabilities (WVCED), the West Virginia Alliance of Family Resource Networks (WVAFRN), the West Virginia Medical Institute (WVMI), the West Virginia Healthy Kids and Family Coalition otherwise known as "Try This West Virginia", and the West Virginia University Institute for Community and Rural Health (WVUICRH).
PARTNERS/ COLLABORATORS	CAMC Labor and Delivery Department, Emergency Department, Behavioral Medicine Department, Family Medicine Center 48 clinical sites within nine health systems that collectively serve all 55 counties of WV

2021 Progress	The Accountable Health Communities (AHC) project period began on May 1, 2017.
	During 2021, the following was accomplished:
	<ul> <li>There were 4,019 beneficiaries screened during the year.</li> </ul>
	<ul> <li>Navigation services were offered to 1,282 beneficiaries in 2021 and 496 beneficiaries were added to the control group.</li> </ul>
	<ul> <li>The Community Resource Inventory was updated multiple times with over 800 community resources included.</li> </ul>
	<ul> <li>We continued to employee two phone screeners to screen beneficiaries who had been to any of the CAMC emergency departments.</li> </ul>
	<ul> <li>Updates were completed on CAPGate based on CMS requirements and all data was submitted successfully.</li> </ul>
	The Program Director and Screening and Referral Specialist attended the AHC virtual conference.
	<ul> <li>The Program Director, Screening and Referral Specialist and both Navigators were able to participate in many webinars and educational calls offered by CMS.</li> </ul>
	CMS approved our application for a no-cost extension, which extends the AHC project to April 30, 2023.

#2	Charleston Area Medical Center – General Hospital, Memorial Hospital and Women and Children's Hospital
COMMUNITY HEALTH NEED	The wealth creation approach intends to improve the livelihoods of people by creating wealth that is owned, controlled, and reinvested in places, so that they become valued partners. By creating local wealth based on identified needs, we can increase local growers to provide healthy food to our community and to address Limited Access to Food
IDENTIFIED HEALTH ISSUE	Diabetes, Obesity, Limited Access to Food, Lack of Job Opportunities
COMMUNITY SERVED	Growers and Artisans in West Virginia
PROGRAM DESCRIPTION AND RATIONALE	CAMC is working with The Greater Kanawha Valley Foundation to create and sustain a wealth creation value chain. This approach bridges conventional approaches to community and economic development by using a systems framework, working with wealth creation value chains. CAMC's 5 county primary service area is comprised of 356,000 people with small increases in the size of the working population since 1990. 18% of people and 25% of children live in poverty with little improvement over of the past 10 years. The health connection is that improvements in health care are associated with higher productivity in the workforce and for the economy overall. The value chain premises are that we need to be intentionally inclusive of local people and places as economic contributors to have a positive impact on wealth in our communities. This program's focus is on working with local growers and artisans to develop their capability to sell their produce and products to CAMC at a guaranteed quantity and price and once the process is established to roll it out to other "buyers."
STRATEGIC OBJECTIVE	BUILD THE BASE OF LOCAL GROWERS AND ARTISANS SELLING FRESH VEGETABLES AND CRAFTED PRODUCTS TO CAMC
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Support and encourage local growers to become GAP certified.</li> <li>Provide guaranteed quantity and price to decrease risk to growers.</li> <li>Support and encourage local artisans to submit product for review and selection for sale in CAMC gift shops.</li> </ol>

MEASURE TO EVALUATE THE IMPACT	<ul> <li>Number of growers GAP certified</li> <li>Number of growers providing fresh food to CAMC</li> <li>Amount of produce purchased by CAMC</li> <li>Amount of dollars going into our local grower community vs. out-of-state purchases</li> <li>Amount of crafted products purchased by CAMC</li> </ul>
TIMELINE	2017 - 2022
RESOURCES	Greater Kanawha Valley Foundation for program support CAMC budget for food and craft purchases
PARTNERS/ COLLABORATORS	Greater Kanawha Valley Foundation Morrison's Food Services Corey Brothers WV Department of Agriculture Local Growers Local Artisans
2021 Progress	In 2021, the number of growers GAP certified continues to increase. CAMC purchased \$167,000 worth of produce and goods from local growers and artisans in 2021. All of CAMC's gift shops now carry a full line of products produced by multiple local artisans.

#3	Charleston Area Medical Center – General Hospital, Memorial Hospital and Women and Children's Hospital
COMMUNITY HEALTH NEED	Substance Use Disorder, Hepatitis A/B/C, Mental Health
IDENTIFIED HEALTH ISSUE	HIV in West Virginia
COMMUNITY SERVED	Part C 19 county service area in southern West Virginia
PROGRAM DESCRIPTION AND RATIONALE	The CAMC/WVU Charleston Division Ryan White (RW) Program's mission is to increase access to services for individuals at-risk for, or infected with HIV disease and to provide culturally sensitive, quality, comprehensive HIV-related primary care, regardless of a patient's ability to pay. The program is currently the only fully funded Part C site in southern West Virginia and provides HIV primary care to approximately 375 individuals. 40 new patients were served in 2019. Services include primary, pregnancy/pediatric care and HIV specialty care; mental health; case management and social services; pharmacist counseling; linkage and retention and dental care. The program serves primarily the rural, underserved and impoverished counties of this area. As of December 31, 2018, a total of 1,891 were living with HIV/AIDS in West Virginia.
STRATEGIC OBJECTIVE	PROVIDE HIV PRIMARY CARE AND DECREASE NEW HIV INFECTIONS

GOALS TO ADDRESS THE HEALTH NEED	Quality Initiatives:         1. Client Linkage and Retention Program         2. Framingham Heart Study QI Project         3. Viral Load Suppression/HAART Project         4. Partnership for Health         5. Oral Care Program         6. Social Media Peer Support Initiative/rural outreach         7. Telemedicine Clinic         8. HIV/HEP C Harm Reduction Initiative         Outreach:         • Free rapid HIV testing distributed in clinics, home visits, presentations, colleges, and other HIV venues such as WV Pride Week activities         • Linkage Coordinator client home visits and ongoing contact         • Staff travel to Beckley for a monthly clinic         • Telemedicine clinic         • Collaboration with Prestera and WV Covenant House         • Travel exhibits         • Newsletters and educational brochures distribution         • Facebook, newspaper outreach         • UC and WV State University student programs         • Emergency fund for immediate life-saving needs such as lack of utilities and temporary stable environment for homeless/unstably-housed HIV-positive clients, in or out of care.         • Social Media client support         Prevention:         • Condom distribution         • HIV Test kit education and distribution         • HIV Test kit education and distribution         • Education Presentations and lectures
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Viral load suppression %</li> <li>Number of new clients</li> <li>Number of out-of-care clients returned to care</li> <li>Number of clients on PrEP</li> <li>Number of HIV test kits distributed/number of positives recorded</li> <li>Client surveys</li> <li>Number and cost of clients receiving oral care</li> <li>Lipid screening/smoking/Framingham Heart Study scores</li> <li>Social Media development stages</li> <li>Number of presentations and audience</li> <li>Number of clients receiving emergency funding</li> </ul>
TIMELINE	2017-2022
RESOURCES	CAMC Charity Care CAMC Outpatient Care Center CHERI WVU - non-HIV specific outpatient clinics HRSA CDC Presidential AIDS Initiative Supplemental Grant Program Income Elton John AIDS Foundation First Presbyterian Church of Charleston

PARTNERS/ COLLABORATORS	CAMC Health Education and Research Institute, WVU School of Medicine/Charleston Division Elton John AIDS Foundation First Presbyterian Church of Charleston WV Covenant House Prestera Center Partnership For Health Ryan White Part B Program CAMC Foundation Beckley/Raleigh Health Department Physicians Dentists in Beckley CAMC Dental Clinic MidAtlantic AIDS Education and Training Center WV
2021 Progress	<ul> <li>In 2021, the CAMC Ryan White Program reports the following:</li> <li>Viral load suppression - 85%</li> <li>Number of new clients - 84</li> <li>Number of HIV test kits distributed/number of positives recorded - 752 /11 new positives</li> <li>Number of presentations and audience - 30</li> <li>9 hours of State committee work and 19 hours dedicated to Rea of Hope and Hospice Care Board</li> <li>Number of clients receiving emergency funding - 18</li> <li>Pantry visits-498</li> <li>Number of clients receiving PRSS support-29</li> <li>Number of clients who entered addiction treatment-22</li> <li>Number of clients receiving intensive community case management-59</li> </ul>

#4	Charleston Area Medical Center – General Hospital, Memorial Hospital and Women and Children's Hospital
COMMUNITY HEALTH NEED	Substance Use Disorder, Cancer, Heart Disease, COPD
IDENTIFIED HEALTH ISSUE	Poor Health Outcomes in West Virginia
COMMUNITY SERVED	State-wide
PROGRAM DESCRIPTION AND RATIONALE	The WV Clinical and Translational Science Institute (WVCTSI) was created in 2012 through the initial Clinical and Translational Research award and has subsequently formed a well-connected, statewide health research network, creating the infrastructure to address the substantial health issues of WV. Since 2012, WVCTSI has been a transformative force, implementing investigator mentoring services, establishing pilot project funding, forming a practice-based research network, creating an integrated data repository of 2 million unique electronic medical records, developing a culture of research integrity, and working with our partners to establish trust and collaboration. Productivity has exponentially increased: publications tripled in Year 4 compared to Year 2, external funding applications more than doubled from Year 3 to 4, and external funding increased 80% over the past year. Funding is now directed to addiction and resultant emerging epidemics (hepatitis C), cancer, cardiovascular disease, and chronic lung disease. Major Health Concerns: Poverty is pervasive in Appalachia with counties of "high poverty" (presence of poverty rates > 1.5 the U.S. average) located mainly in WV and Eastern Kentucky. Appalachian mortality rates have increased with most counties of eastern Kentucky and southern WV having mortality rates well in excess of the US average. WV ranks 47th among the 50 states in the 2015 America's Health Rankings and at or near the bottom for a number of chronic diseases including cancer and

STRATEGIC OBJECTIVE	cardio BUIL	tially target, the impactively, tially target, the impactively, ties: addiction and rest ovascular disease, and D A SUSTAINABLE F STANTIVELY CONTR	in the nation. Though at will be greatest by f ultant emerging epide d chronic lung disease RESEARCH INFRAS	n there is a p ocusing on t emics (hepat e. <b>TRUCTURE</b>	the following h titis C), cance	l second as to nealth r,
GOALS TO ADDRESS THE HEALTH NEED	ar he 2. Ac pr	ecruit, train, and position ad translational resear ealth in West Virginia. atively engage with mu roviders, and policy ma irginians.	chers that excel in tea	am science, Including com	positively imp nmunities, me	bacting dical
MEASURE TO EVALUATE THE IMPACT	Adn Aim 1	Activities Implement an effective operational structure that facilitates attainment of all proposed WVCTSI Specific Aims & projects.	Logic Model Outputs Linked publications; Submitted grant proposals; Funded grants; Clinical trial enrollment; Health outcomes. WVCTSI membership; Collaborative projects; Funded investigators; Implemented policy and practice changes; Health outcomes.	July 2017-June 2019 Increase in linked publications of 25% over 2016; Increase in submitted grant proposals of 10% over 2016. Increase in WVCTSI membership of 20% over 2016; Increase in collaborative projects of 20% over 2016.	July 2019 – June 2021 Increase in funded proposals of 15% & trial enrollment 25% over 2016; 50% attainment of WVCTSI Sp. Aims. Increase in externally funded investigators of 10% over 2016; > 2 policy/practice changes per year.	July 2021–June 2022 Decrease drug overdose & CVD deaths; Increase earlier cancer diagnoses; 100% Aims attainment. Decrease trend in drug overdose and CVD deaths; Increase earlier stage cancer diagnosis.
	Aim 3	Provide fiscal and resource management, ensuring cores resourcing and sustainability.	Submitted grant proposals; Funded grants; External funding of core services; Health outcomes.	Increase in submitted grant proposals of 10% over 2016.	Increase in funded proposals of 15% over 2016; External funding of cores increased 15% over 2016.	External funding >50% operational cost of CRDEB, CRRF, & Lab Technologies cores.
	Aim 4	Recruit talented, committed investigators addressing research questions relevant to the WVCTSI priority health areas.	Successful investigator hiring in priority areas; Linked publications; Submitted grants; Funded grants; Health outcomes.	100% recruitment targets hired; Increase in linked publications of 25% and submitted grant proposals of 10% over 2016.	Increase in funded proposals of 15% over 2016.	Decrease trend in drug overdose and CVD deaths; Increase earlier stage cancer diagnosis.

RESOURCES	CTSI Grant CAMC
PARTNERS/ COLLABORATORS	CAMC/CHERI/WVU/Lewisburg Medical School/Marshall/VA/NIOSH
2021 Progress	Specific Aim 1. Transform community-identified research questions into externally-funded projects that improve health outcomes in WVCTSI health priority areas. There were 5 new, 35 ongoing, and 10 completed WVPBRN projects as well as 0 new, 1 ongoing, and 0 completed CEO projects. 2 WVPBRN projects were reviewed and 2 accepted in Q4. There were, 5 Community Engagement and Training services, 267 Project Implementation services, 39 Project Development and Success services, 0 new Design Studio service, 6 Consultation services, 33 WVPBRN Activities, 0 funding opportunity identified, 117 ECHO services, and 15 services for products reported during Q4. WVCTSI co-hosted the Symposium on Substance Use Research with the COBRE-funded Rural Drug Addiction Research Center (P20GM130461) at the University of Nebraska and the COBRE Center for Opioids, Overdose and Hope at Rhode Island Medical Center (P20GM125507). Given that WV has the highest drug overdose mortality rate, the forum provided a prime opportunity for discussion of topics related to substance use disorder such as stigma and harm reduction.
	Specific Aim 2. Effectively engage investigators throughout WV by providing traditional services in biostatistics and epidemiology. Investigators engage through the CRDEB core utilizing available resources including the Integrated Data Repository (IDR), REDCap, and TriNetX. There were 130 new REDCap users in Q4 with a total of 2,949 REDCap users to date (811 of which are active users). Of the 2,949 REDCap users, 2,173 were from WVU (569 active), 22 from CAMC (5 active), 19 from WVSOM (8 active), and 735 not affiliated with the above entities (229 active). There were 12 hours reported in the category of updating existing REDCap projects and 26.75 hours building new REDCap projects Q4. 1 REDCap project was made for WVCTSI-funded investigators and 4 REDCap projects were made for non-WVCTSI investigators. There was a total of 3,633 REDCap projects and 9,994 data instruments, 140 new REDCap service inquiries, and 0 hours of REDCap consultations reported in Q4. The total number of current TriNetX users was 578 in Q4 and there were 3,223 new TriNetX inquiries, with 37 new TriNetX logins and 2 data set requests.
	Specific Aim 3. Implement cutting-edge tools and methods in biostatistics and epidemiology, with a particular focus on the needs of WV researchers. CRDEB reported 41 BMIR-related inquiries, 26 new unique CRDEB consultations, 2 sample size/power consultations, 17 new statistical analysis consultations, and 9 new clinical study design consultations in Q4. Additionally, 338.25 hours were dedicated to biostatistics consultations. CRDEB reported 116 GIS analysis consultations for Q4.
	Specific Aim 4. Recruit talented, committed investigators addressing research questions relevant to the WVCTSI priority health areas. CAMC recruited cancer research investigators over this period, which has already resulted in an internally funded project, a peer-reviewed publication and another one in preparation.

#5	Charleston Area Medical Center – General Hospital, Memorial Hospital and Women and Children's Hospital
COMMUNITY HEALTH NEED	Diabetes, Obesity, Limited Access to Food, Access and Availability of Early Childhood Education (LEARN
IDENTIFIED HEALTH ISSUE	Limited access and consumption to local produce
COMMUNITY SERVED	Young children attending childcare centers statewide and HealthyKids patients
PROGRAM DESCRIPTION AND RATIONALE	Farm to Childcare with Pop-Up Kids Markets at Childcare Centers and Fruit & Vegetable Prescriptions (FNV Rx) at HealthyKids The current health of children in WV predicts the future health of the state's population. This is because children who are overweight/obese as preschoolers are five times as likely as normal-weight children to be overweight/obese adults (CDC Vital Signs, August 2013). Over the past 30 years, childhood obesity has more than doubled in children and quadrupled in adolescents (Ogden, 2012). However, more recently childhood obesity rates nationwide have stabilized. Unfortunately, this is not the case for our children with West Virginia (WV) being only one of four states that has an increasing rate of obesity in two to four year olds at 16.4% (The State of
	Obesity, 2014). The preschool years are a critical time; preschool age children are developing their lifelong habits. Intervention efforts must be focused where they can be most impactful. Since over 60% of WV children are in non-parental care, where they spend most of their day and consume 50-100% of their Recommended Dietary Allowances (Ammerman, 2007), the early care and education setting strongly influences fruit and vegetable intake and physical activity. Farm to Childcare is the perfect opportunity to engage children in eating healthy, access local and fresh foods, gardening opportunities, agriculture and food education at an early age. Factors for the increasing rate of obesity in WV likely include the proportion of families living in poverty and experiencing inadequate access to fresh fruits and vegetables. Our state is ranked as the third most impoverished state in the United States (O'Leary, 2014). In 2013, at least 100,000 children in West Virginia lived in poverty. Living in poverty comes with persistent barriers to establishing good, consistent, health habits. These barriers include a "lack of access to healthy, affordable foods" (Food Research and Action Center, 2011) as well as poorer access to fresh foods (Levine, 2011). Fruit and Vegetable Prescription Project (FNV Rx) plan is modeled after two evidence-based interventions (Wholesome Wave and SNAP Stretch) that have proven success for increased fruit and vegetable intake in low-income families. The HealthyKids providers will write prescriptions for fruits and vegetables and patients redeem at local farmers markets or receive a produce box at their appointment.
STRATEGIC OBJECTIVE	IMPROVE ACCESS AND CONSUMPTION OF LOCAL PRODUCE
GOALS TO ADDRESS THE HEALTH NEED	Increase access to local produce by: 1. Hosting Pop-up Kids Markets at childcare centers in WV 2. "Prescribing" Fruit and Vegetable Rx to HealthyKids patients.
MEASURE TO EVALUATE THE IMPACT	<ol> <li>The number of children served at the childcare centers.</li> <li>The number of patients who received a FNV Rx</li> <li>The value of the produce distributed at the childcare centers and with the FNV Rx</li> </ol>
TIMELINE	WV Farmer's Market Season (May to September) each year
RESOURCES	Grant funding from: The Claude Worthington Benedum Foundation The Greater Kanawha Valley Foundation WVU Extension SNAP-ED Program

<ul> <li>on the effect of biweekly kids pop-up farmers markets on produce consumption in children at participating child care centers across southern WV.</li> <li>In total, 61 markets were held over the course of 14 weeks at 9 child care centers. During th time \$13,395 in vouchers were redeemed for fresh, locally grown produce. Approximately 2, children were served. Each child received a \$5 in vouchers for each market. Markets include nutrition education and taste tests. Families also received recipes.</li> <li>In 2021, the following three practices participated in the Fruit and Vegetable Prescription Project (FNV Rx): HealthyKids at CAMC Weight Loss Center in Charleston, FamilyCare-Children's Medicine Center also in Charleston, and Kid Care West Pediatrics in Hurricane. These practices "prescribed" 128 FNV Rx's, of which 75 of these FNV Rx's were redeemed.</li> </ul>	PARTNERS/ COLLABORATORS	KEYS 4 HealthyKids Turnrow Appalachian Farm Collective KISRA and Paradise Farms WVU Extension Family Nutrition Program SNAP-Ed Health Educators KEYS 4 HealthyKids Peer Learning Network DHHR/ECE nurse health consultants
In 2021, KEYS expanded the "FNV Rx Project" to the "5210 Rx Program." The 5210 Rx Program is a yearlong program based on the 5210 healthy habits. 5210 stands for 5 or more servings of fruits and vegetables each day, 2 hours or less of recreational screen time per dat hour of physical activity per day, and 0 sugary drinks. In addition to prescribing "fruits and vegetables" to their patients, providers also prescribed "physical activity" and "water" to their patients. Providers made goals with patients regarding these healthy habits and gave them or trackers to track their progress. Patients who returned their goal trackers received an incenti based on whatever goal they were working on. For example, if they received a physical activity prescription, they received a physical activity incentive, such as a soccer ball. If the prescript was for water, they received a water incentive, such as a water bottle, upon returning their goat tracker. In total, all three practices prescribed 140 "physical activity" prescriptions and 64 "water" prescriptions to their patients. A total of 66 physical activity and 64 water incentives were given to patients from the three practices.	2021 Progress	In total, 61 markets were held over the course of 14 weeks at 9 child care centers. During this time \$13,395 in vouchers were redeemed for fresh, locally grown produce. Approximately 2,335 children were served. Each child received a \$5 in vouchers for each market. Markets included nutrition education and taste tests. Families also received recipes. In 2021, the following three practices participated in the Fruit and Vegetable Prescription Project (FNV Rx): HealthyKids at CAMC Weight Loss Center in Charleston, FamilyCare-Children's Medicine Center also in Charleston, and Kid Care West Pediatrics in Hurricane. These practices "prescribed" 128 FNV Rx's, of which 75 of these FNV Rx's were redeemed. A total of \$1,500 in vouchers was redeemed for fresh produce through the FNV Rx Project. In 2021, KEYS expanded the "FNV Rx Project" to the "5210 Rx Program." The 5210 Rx Program is a yearlong program based on the 5210 healthy habits. 5210 stands for 5 or more servings of fruits and vegetables each day, 2 hours or less of recreational screen time per day, 1 hour of physical activity per day, and 0 sugary drinks. In addition to prescribing "fruits and vegetables" to their patients, providers also prescribed "physical activity" and "water" to their patients. Providers made goals with patients regarding these healthy habits and gave them goat trackers to track their progress. Patients who returned their goal trackers received an incentive based on whatever goal they were working on. For example, if they received a physical activity prescription, they received a physical activity incentive, such as a soccer ball. If the prescriptior was for water, they received a water incentive, such as a water bottle, upon returning their goal tracker. In total, all three practices prescribed 140 "physical activity" and 64 water incentives

## CAMC GENERAL HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

CAMC General Hospital (268 beds) focuses primarily on the neurological, orthopedic, trauma and rehabilitation service lines. Medicine and general surgery cross both Memorial and General Hospitals.

#6	CAMC General Hospital
COMMUNITY HEALTH NEED	Substance Use Disorder, Diabetes, Heart Disease, Obesity, Cancer, COPD
IDENTIFIED HEALTH ISSUE	Access to tertiary care services in the rural and mountainous counties in the region requires a coordinated process and preparation of EMS personnel for the best outcome.
COMMUNITY SERVED	WV Office of EMS Region 3/4 Includes nine counties: Kanawha, Putnam, Boone, Clay, Fayette, Nicholas, Webster, Greenbrier, Pocahontas
PROGRAM DESCRIPTION AND RATIONALE	Charleston MedBase provides medical command to all EMS agencies (air and ground) in this region. Includes all medical oversight for all EMS units providing patient care, medical direction, performance improvement oversight and medical guidance based on State of WV Office of EMS protocols. Provides hospitals in the region with reports of incoming patients and treatments in progress. Provides regional hospitals with trauma, cardiac, stroke, sepsis and respiratory team activations. Provides regional hospitals with EMS liaisons for Red and Yellow Alert status. Also, provides dispatch of closest medical helicopter for all appropriate EMS requests for helicopters in this region and tracks response times. Medbase also dispatches HealthTeam ambulances contracted to provide transport of CAMC patients upon
STRATEGIC OBJECTIVE	PROVIDE MEDICAL DIRECTION TO EMS AGENCIES
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Ensure patients receive timely and appropriate care at the right location.</li> <li>Decrease mortality for trauma and patients with other types of alert status.</li> </ol>
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Number of calls taken</li> <li>Types of calls</li> <li>Communicators</li> <li>Receiving facilities</li> <li>Trauma alert activations</li> <li>Other alerts: Stroke alert activations, sepsis alerts, cardiac alerts and respiratory alerts</li> <li>Trends of calls by EMS agencies and types of calls</li> </ul>
TIMELINE	24 hours a day; 7 days a week
RESOURCES	Charleston MedBase – CAMC General Hospital. Full cost is absorbed by CAMC General Hospital's operational budget with no financial assistance from any outside source. Staffed with Communication Specialist/Paramedics.
PARTNERS/ COLLABORATORS	WV Office of EMS, Bureau of Public Health, DHHR WV Trauma Registry and Trauma Committee WV EMS Regional Office (EMSOR) WV EMS Technical Support Network

#### CAMC GENERAL HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

2021 Progress	<ul> <li>In 2021, 53,242 calls were received. There were 24,644 BLS calls, 27,140 ALS calls, 133 C3IFT calls and 137 CCT calls.</li> <li>There were 906 Trauma Team Activations; 506 Stroke Alerts; 139 Cardiac/STEMI Alerts.</li> </ul>
	<ul> <li>There were 14,303 Code Red calls and 1,683 Code Yellow calls.</li> <li>Calls were received from multiple EMS agencies in WV and surrounding states.</li> <li>Dispatched 17,584 ambulance transports</li> </ul>

## CAMC MEMORIAL HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

CAMC Memorial Hospital (424 beds) supports the cardiac, peripheral vascular and oncology services lines with admissions and outpatient visits. Medicine and general surgery cross both Memorial and General Hospitals.

#### CAMC MEMORIAL HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

#7	CAMC Memorial Hospital - CAMC Cancer Center
COMMUNITY HEALTH NEED	Cancer, Access to Transportation
IDENTIFIED HEALTH ISSUE	Inability to receive cancer treatments due to little/no transportation options.
COMMUNITY SERVED	Primarily CAMC 12 county service area, but includes any patient seeking treatment at CAMC Cancer Center
PROGRAM DESCRIPTION AND RATIONALE	Transportation for services were expressed by those patients in need of assistance. Without transportation assistance, patients did not have the ability to receive treatment for their cancer.
STRATEGIC OBJECTIVE	PROVIDE TRANSPORTATION RESOURCES TO ADULTS WITH CANCER
GOALS TO ADDRESS THE HEALTH NEED	1. Offer gas cards to those in need with no other transportation services for treatment.
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Number of gas cards given to cancer patients</li> </ul>
TIMELINE	2020-2022
RESOURCES	Gas cards purchased from the American Cancer Society & Mountains of Hope
PARTNERS/ COLLABORATORS	Mountains of Hope American Cancer Society
2021 Progress	In 2021, 200 of the \$25 gas cards were issued to 182 patients.

#8	CAMC Memorial Hospital – CAMC Cancer Center
COMMUNITY HEALTH NEED	Cancer
IDENTIFIED HEALTH ISSUE	Delay in care due to required dental clearance prior to receiving certain chemotherapy medications.
COMMUNITY SERVED	Primarily CAMC 12 county service area, but includes any patient seeking treatment at CAMC
PROGRAM DESCRIPTION AND RATIONALE	Dental services are not covered in most health insurance plans. Some medications given to treat cancer require a patient to have dental clearance from a dentist. Without insurance patients were delaying care or cancelling treatment appointments. A grant was obtained by the CAMC Foundation for assistance in securing required dental services. A local dental provider agreed to provide services in which grant funds could be used as payment.
STRATEGIC OBJECTIVE	PROVIDE ACCESS TO DENTAL CARE SERVICES TO ADDRESS THE DELAY IN CARE WITH CANCER PATIENTS

GOALS TO ADDRESS THE HEALTH NEED	1. Offer dental consultations to adult oncology patients requiring dental clearance.	
MEASURE TO EVALUATE THE IMPACT	Number of dental clearance letters obtained	
TIMELINE	2020-2022	
RESOURCES	CAMC Foundation Grant	
PARTNERS/	Ghareeb Dental Group	
COLLABORATORS	CAMC Foundation	
2021 Progress	In 2021, 7 dental clearance letters were obtained and 10 procedures totaling over \$29,000 were performed.	

# CAMC WOMEN AND CHILDREN'S HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

CAMC Women and Children's Hospital (146 beds) focuses on mother, baby, pediatric and gynecology service lines.

#### CAMC WOMEN AND CHILDREN'S HOSPITAL COMMUNITY BENEFIT PLAN IMPLEMENTATION STRATEGY

#9	CAMC Women and Children's Hospital		
COMMUNITY HEALTH NEED	Substance Use Disorder		
IDENTIFIED HEALTH ISSUE	Use of drugs by pregnant women		
COMMUNITY SERVED	Primarily 12 County Service Area but includes any patient delivering at CAMC Women and Children's Hospital		
PROGRAM DESCRIPTION AND RATIONALE	WECARE – West Virginia has an epidemic of drug addiction. WECARE is a comprehensive taskforce at Women and Children's Hospital developed to assist pregnant women and their babies. The taskforce includes staff members from the ER, Social Services, WHAP Program at the OB/GYN Center, NICU, Family Resource Center, Peer Recovery specialist, MB, L&D, and GYN. This multidisciplinary taskforce is a comprehensive way to meet the diverse needs of the patients dealing with SUD at Women and Children's Hospital.		
STRATEGIC OBJECTIVE	DECREASE THE NUMBER OF DRUG AFFECTED MOTHERS AND BABIES		
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Decrease the number of babies with Neonatal Abstinence Syndrome.</li> <li>Prevent relapse of mothers.</li> <li>Increase the use of long-acting reversible contraceptives.</li> </ol>		
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Number of participants in WECARE</li> <li>Length of stay for babies in the Neonatal Intensive Care Unit</li> <li>Number of participants using LARC</li> <li>Number remaining drug free</li> </ul>		
TIMELINE	2020-2022		
RESOURCES	CAMC Operational Budget Prevention First Grant		
PARTNERS/ COLLABORATORS	CAMC OB/GYN Center Neonatal Intensive Care Unit Family Resource Center WCH Social Services Kanawha County Drug Court Right from the Start Primary Care CAMC Women and Children's Hospital Emergency Department		
2021 Progress	Jan 2021-Dec 2021, the Women's Health Addiction Program (WHAP) in the OB GYN Center has seen 10 enrollments with 3 of those being completely tapered prior to delivery. There were also 3 babies delivered from 2020 enrollments that were completely tapered. In 2021 there were 108 LARC insertions. The risk adjusted LOS of NAS babies in the NICU has improved. The Observed/Expected ratio for 2021 was 0.80.		

#10	CAMC Women and Children's Hospital		
COMMUNITY HEALTH NEED	Cancer, Mental Health		
IDENTIFIED HEALTH ISSUE	Mental health services for pediatric oncology services was not available in our service area		
COMMUNITY SERVED	Any pediatric inpatient.		
PROGRAM DESCRIPTION AND RATIONALE	Mental Health services have not been available to children with cancer. This program provides a multidisciplinary approach with the Children's Infusion Center and the Family Resource Center. When a child is newly diagnosis with cancer, a consultation is sent for the FRC to connect with the child and their caregivers. This approach providers the initial contact for mental health services while hospitalized of in the infusion center. New in 2020 is the development of the survivorship clinic. This is where children are seen post treatment and the multidisciplinary approach continues.		
STRATEGIC OBJECTIVE	PROVIDE MENTAL HEALTH SERVICES TO CHILDREN WITH CANCER		
GOALS TO ADDRESS THE HEALTH NEED	1. Offer mental health consultations to the pediatric oncology patients at CAMC Women and Children's Hospital		
MEASURE TO EVALUATE THE IMPACT	<ul><li>Number of children participating</li><li>Patient satisfaction</li></ul>		
TIMELINE	2020-2022		
RESOURCES	Operational Budget Prevention First Grant		
PARTNERS/ COLLABORATORS	CAMC Women and Children's Oncology Team Hospice Compassionate Friends		
2021 Progress	In 2021, there were 17 newly diagnosed patients. The Children's Infusion Center had a 96% Excellent overall satisfaction rating.		

#11	CAMC Women and Children's Hospital	
COMMUNITY HEALTH NEED	Diabetes	
IDENTIFIED HEALTH ISSUE	Diabetes in pediatric patients	
COMMUNITY SERVED	Pediatric patients in CAMC's service area	
PROGRAM DESCRIPTION AND RATIONALE	Offering a randomized, double-blind study comparing the effect of once-weekly Dulaglutide with a placebo in pediatric patients with type 2 diabetes mellitus. Dulaglutide is like a natural hormone called glucagon-like peptide 1 that your body makes. Dulaglutide usually causes the release of insulin and lowers blood sugar in adults with Type II diabetes.	
STRATEGIC OBJECTIVE	Determine how Dulaglutide compares to placebo in children and teens with type 2 diabetes.	
GOALS TO ADDRESS THE HEALTH NEED	The primary objective of this study is to test the hypothesis that Dulaglutide given subcutaneously once a week for 26 weeks to children and adolescents with type 2 diabetes mellitus who have inadequate glycemic control, despite diet and exercise, with or without metformin and/or basal insulin, is superior to placebo in the treatment of T2DM, as measured by baseline to Week 26 change in hemoglobin A1c.	

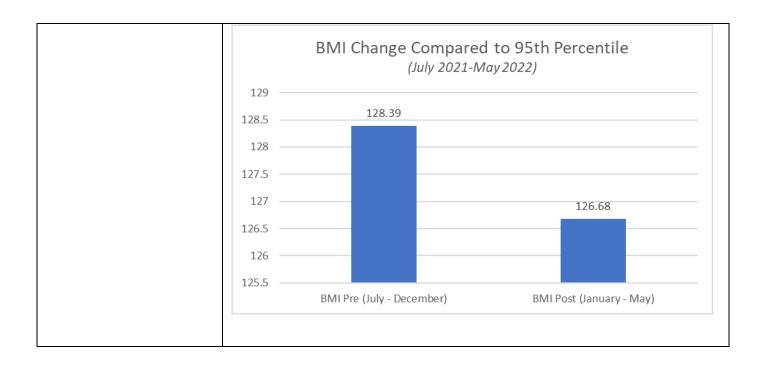
MEASURE TO EVALUATE THE IMPACT	<ul> <li>Change in HbA1c between baseline and Week 26</li> <li>Change in fasting blood glucose between baseline and Week 26</li> <li>Percentage of patients with HbA1c ≤6.5% at Week 26</li> <li>Change in body mass index between baseline and Week 26</li> </ul>
TIMELINE	January 2017 through June 2022
RESOURCES	CAMC Clinical Trials Center
PARTNERS/ COLLABORATORS	CHERI, Eli Lilly and Company, Inc., WVU Pediatrics faculty
2021 Progress	The trial is now closed and we are unaware if the objectives have been met until the multi-center study has been completed and data analyzed.

#12	CAMC Women and Children's Hospital		
COMMUNITY HEALTH NEED	Diabetes, Obesity		
IDENTIFIED HEALTH ISSUE	Diabetes in pediatric patients		
COMMUNITY SERVED	Pediatric patients and their families in CAMC's service area		
PROGRAM DESCRIPTION AND RATIONALE	West Virginia leads the nation in obesity and diabetes. Whereas most other states have improved or at least stabilized both obesity and diabetes rates, WV continues thave escalating rates each year. High school students have reached an overweight and obesity rate of 30.3% from WV CARDIAC data. Younger children age 2-4 years participating in WIC recently showed a statistically significant increase in obesity from 14% up to 16.4%. HealthyKids Wellness and Weight Management Clinic (HealthyKids) provides Stage 3 comprehensive, family-based, multidisciplinary weight management across the lifespan. HealthyKids also offers Stage 4 care, which adds medication management and metabolic surgery. CAMC Weight Loss Clinic and HealthyKids Wellness and Weight Management Clinic		
STRATEGIC OBJECTIVE	REDUCE CHILDHOOD OBESITY, TREAT CO-MORBIDITIES AND PREVENT DIABETES		
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Increase access to HealthyKids Stage 3 and Stage 4 multi-disciplinary obesity management clinic</li> <li>Increase awareness of Stage 3 and Stage 4 clinics to referring providers in CAN service area</li> <li>Reverse pre-diabetes in the pediatric patient population</li> </ol>		
MEASURE TO EVALUATE THE IMPACT	<ol> <li>Track 3<sup>rd</sup> appointment out for existing and new patients to measure access</li> <li>Track referrals by provider</li> <li>Track patients HgbA1c over time and classify as normal (&lt;5.7), pre-diabetic (5.7-6.4) or diabetic (&gt;6.5).</li> </ol>		
TIMELINE	Ongoing		
RESOURCES	Internal Funding Diabetes Prevention Grant from BPH Grant funding from Claude Worthington Benedum Foundation		
PARTNERS/ COLLABORATORS	KEYS 4 HealthyKids HealthyKids Inc. WVU Extension SNAP-Ed CAMC Institute		

2021 Progress	Due to the COVID pandemic, there continued to be increased variability in access for
202111091000	HealthyKids this year. Access in 2021 was significantly improved as compared to
	2020. The 3 <sup>rd</sup> appointment out for new patients ranged from 7 to 21 days and for
	follow-up's 5 to 15 days. HealthyKids offered visits via telehealth through the CAMC
	Hub's and to private homes with internet access.
	Virtual group evening programs were also available in 2021 and included Steps 4
	Stronger Families, Cooking Camp during the summer and virtual/in-person cooking
	classes in the fall and winter. Physical activity group activity occurred weekly on
	Thursdays rotating at local parks around Kanawha County. Reach for these
	programs are reported under strategy #5 and #12.
	Provider referrals to HealthyKids for 2021 included most private pediatricians in the
	Kanawha Valley as well as FQHC's and extended to Cabell County with referrals
	from Marshall Pediatrics. Most of the referrals were similar to 2021 with addition of
	providers outside of immediate referral area. We anticipated this was due to more of
	the Clinical-Community Collaborative outreach beyond Kanawha County.
	Increased awareness regarding early referrals to HealthyKids program was
	accomplished by adding videos and links the HealthyKids website hosted by CAMC.
	A private Facebook page for HealthyKids patients only was started in 2020 for
	patients and families that increased from 119 members in 2020 to 180 members in
	2021. This Facebook page is managed by the KEYS 4 HealthyKids Education
	Specialist.
	Due to the delay in developing software to extract and analyze patient data, no
	clinical parameters regarding HgbA1c and pre-DM status are available.

#13	CAMC Women and Children's Hospital
COMMUNITY HEALTH NEED	Diabetes, Obesity
IDENTIFIED HEALTH ISSUE	Diabetes, Obesity in pediatric patients
COMMUNITY SERVED	Pediatric patients and their families in CAMC's service area
<section-header><section-header><section-header><section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	West Virginia leads the nation in obesity and diabetes. Whereas most other states have improved or at least stabilized both obesity and diabetes rates, WV continues to have escalating rates each year. High school students have reached an overweight and obesity rate of 30.3% from WV CARDIAC data. Younger children age 2-4 years participating in WIC recently showed a statistically significant increase in obesity from 14% up to 16.4%. Steps 4 Stronger Families is a family-based Stage 2 Structured Weight Management Program for children and parents/guardians. This 12-week program is aimed at creating lifelong lifestyle transformations through healthy eating and regular physical activity. The program is divided into two sessions—a nutrition session and a physical activity session. During the nutrition session, a health educator teaches children and adults about healthy eating, portion control, food label reading, and meal preparation techniques. A different recipe is highlighted and prepared each week. In the exercise session, families are introduced to various physical activity options, such as body weight exercises led by an exercise physiologist. Research shows that a child is more successful in making healthy lifestyle changes when the whole family is involved and committed to adopting healthier habits.

STRATEGIC OBJECTIVE	REDUCE/PREVENT CHILDHOOD OBESITY, TREAT CO-MORBIDITIES AND PREVENT DIABETES	
GOALS TO ADDRESS THE HEALTH NEED	<ol> <li>Increase access to Stage 2 Structured Weight Management Programs by offerir a virtual option</li> <li>Increase awareness of Stage 2 Structured Weight Management Programs to referring providers in CAMC service area</li> <li>Reverse pre-diabetes in the pediatric patient population</li> <li>Decrease childhood obesity rates in the pediatric patient population</li> </ol>	
MEASURE TO EVALUATE THE IMPACT	<ol> <li>Track # of families participating in the program</li> <li>Track # of referrals by provider</li> <li>Track patients HgbA1c over time and classify as normal (&lt;5.7), pre-diabetic (5.7 6.4) or diabetic (&gt;6.5)</li> <li>Track patient/adults' changes in BMI over time</li> <li>Track patient/adult behavior changes</li> </ol>	
TIMELINE	Ongoing	
RESOURCES	Grant Funding from: The Diabetes Prevention Grant from BPH The Claude Worthington Benedum Foundation	
PARTNERS/ COLLABORATORS	KEYS 4 HealthyKids CAMC Weight Loss Clinic HealthyKids Wellness and Weight Management Clinic HealthyKids Inc. WVU Extension SNAP-Ed CAMC Institute	
2021 Progress	KEYS 4 HealthyKids' clinical-community coordinator and medical director of HealthyKids collaborated on developing new Stage 2 structured weight management programs for patients of three pediatric practices. The new Stage 2 programs offered were Steps 4 Stronger Families and KEYS 2 STOP Insulin resistance. Due to the COVID pandemic, these programs were offered virtually via zoom. In November and December, a physical activity class was also taught at a local gym in Charleston. A total of 55 individuals participated in these programs.	
Repartmented * The second seco	HealthyKids patients at CAMC Weight Loss Center had 282 patient care visits. There were also 59 new patients in 9 months of 2021 since for 3 months in-person new patient visits were not safe due to COVID-19 pandemic.	
KEYS 200	All of the programs were promoted by pediatric providers during office visits and also on the private (patients only) HealthyKids WV Facebook page. The participating patient members increased from 119 to 180 this year.	
	Clinical parameters such as BMI, HgbA1c, and cumulative results of the 5210 patient questionnaires were obtained. Our most recent evaluation, which analyzed participants in our programs from July 2021-May 2022, demonstrated that the average age of participants was 11.1 years of age with the minimum age of 2.9 and a maximum age of 18.3. Of the participants, 46.7% were male and 53.3% were female. Pre and post BMI measurements were included for 208 participants across three locations for this report. Of the 208 participants who had at least two measurements, there was 1.71-point change in BMI percent compared to 95th percentile (128.39 to 126.68). A Wilcoxon signed rank test showed that there was a statistically significant difference in the BMI compared to 95th percentile at initial and final visits for individual participants, (p=0.0007).	



# **APPENDIX**

# LISTING OF ADDITIONAL 2021 COMMUNITY BENEFIT PROGRAMS FOR CHARLESTON AREA MEDICAL CENTER

#### Charleston Area Medical Center Program Detail Full For period from 1/1/2021 through 12/31/2021

		Monetary Inputs	Outputs		
Category / Title / Department		Expenses	Offsets	Benefit	Persons
Community Health Improvement	Services (A)				
Community Health Education (A1	.)				
CAMC Cancer Center Support G	roups				
Description:					
<b>F</b>	who have cancer, meet others who are facing similar circumstances, and explore what is ahead i				-
		others who can understan		•	a is allead in the
Category:	A1	others who can anderstan	a una refute to the	journey.	
Gender:	Both Males and Female	S			
Department:	49642 (CAMC Cancer G	Center)			
<b>Department Contact:</b>	Bev Farmer (8-8399)				
Objectives:	Improve treatment outco	omes and help patients wi	th changes and ult	mately survivors	hip.
Staff Hours:	8.00				
Persons:	90				
Expenses:	512		See States	Why state?	2
Revenues:	0		The state	- San annones - San Anno annones - San ann annones - San ann annones	
Benefit:	512		and and		
			Sector Sector	1963	
Childbirth Education Program			1 million		
Description:	Program designed for ne	ewly expectant parents.		3-115.00	A MARKA
Category:	A1				A AZASS
Gender:	Females	- · ·	100 31		<u></u>
Department:	43608 (Family Resource	e Center)			
<b>Department Contact:</b>	Kelly Gilbert (8-2545)		* *		
Objectives:	Improved birth outcome	es.	Fami	y Resource Center:	
Staff Hours:	0.00	(		ney to Parenthood isses	
Persons:	551				
Expenses:	72,000		Mar Contraction	NEW CLASSES AVAIL Understanding Birth	ADLE
Revenues:	0		Will A	Understanding Your New Understanding Breastfee	
Benefit:	72,000			Understanding Infant & Child Safety	lang
Compassionate Friends Support G	From		WY - W	*NEW* Understanding Sibling Preparatio	D
	Support group for berea	ved perents	* *	*NEW* Understanding Fatherhood	
-		ved parents.	T 2 4		
Category: Gender:	A1 Both Males and Female:	s		FAMILY RESOURCE CE Charleston Area Medical Center	NTER
Department:	43608 (Family Resource			Medical Center	
Department Contact:	Kelly Gilbert (8-2545)	,			
Objectives:	-	upport group for any bere	aved parent		
Staff Hours:	0.00	"Front Broup for any bere	a ca parent.		
Persons:	48				
Expenses:	150				
Revenues:	0				
Benefit:	150				

#### Imagine U: A Virtual Healthcare Experience

Description:	CAMC broadcast of a craniotomy surgery narrated by a local physician via web cast to introduce students to careers in healthcare using technology that links health science classrooms to the real world of health care and hospitals. Students from Boone, Clay, Roane, Jackson, Kanawha and Putnam Counties participated.		
Category:	A1		
Gender:	Both Males and Females		
Department:	21926 (Human Resources Workforce Dev)		
Department Contact:	Debby Schoolcraft (8-3376)		
<b>Objectives:</b>	Expose the students at eleven high schools in Kanawha and Boone Counties, four vocational		
Partners: Staff Hours:	and technical centers to health care careers. WV Department of Education 30.00		
Persons:	2,023		
Expenses:	912		
<b>Revenues:</b>	0		
Benefit:	912		

#### Mini Medical School for the Public

Description:	Programs for the community on a variety of health topics focusing on prevention, diagnosis and		
	treatment options. Offered on the hospital campus and to rural sites via telehealth and live on the		
	internet.		
Category:	A1		
Gender:	Both Males and Females		
Department:	25810 (CHERI)		
<b>Department Contact:</b>	Jay Ripley (8-8399)		
<b>Objectives:</b>	Educating the public on a variety of diseases	and disorders and focusing on the prevention,	
Partners:	diagnosis, and treatment options for each. WVU School of Medicine WVDHHR		
C14 - 66 TT	Arthritis Foundation		
Staff Hours:	8.00		
Persons:	42		
Expenses:	4,510		
<b>Revenues:</b>	0		
Benefit:	4,510		

#### **Project Echo - Cancer Survivorship**

**Description:** Project ECHO links expert specialist teams at an academic hub with primary care clinicians in local communities. Primary care clinicians, the spokes in our model, become part of a learning community, where they receive mentoring and feedback from specialists. Together, they manage patient cases so that patients get the care they need.

and the

Category:	A1
Gender:	Both Males and Females
Department:	49642 (CAMC Cancer Center)
<b>Department Contact:</b>	Jay Ripley (8-8399)
Staff Hours:	8.00
Persons:	90
Expenses:	512
<b>Revenues:</b>	0
Benefit:	512

**\*\*\*** Community Health Education (A1)

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78,596
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78,596

0

2,844

#### **Community Based Clinical Services (A2)**

#### **CAMC Ryan White Program**

Description:	Primary outpatient care, education, and information for individuals in southern WV (service area		
	is 16 counties in Public Health Districts 1, 3, and 4) who are at-risk or infected with HIV,		
	regardless of ability to pay.		
Category:	A2		
Gender:	Both Males and Females		
Department:	46579 (Pharmacy Administration)		
Department Contact:	Christine Teague (8-8106)		
<b>Objectives:</b>	Primary care to at-risk and HIV infected persons in the service area.		
Staff Hours:	0.00		
Persons:	470		
Expenses:	470,137		
<b>Revenues:</b>	230,652		
Benefit:	239,485		

#### **Child Advocacy Center**

**Description:** Program designed to provide a safe, child friendly place for children with alleged sexual or physical abuse or neglect. Provides a complete medical and psychosocial evaluation and may include a forensic interview. Provide training and education for prosecutors, Child Protective Services, law enforcement, physicians and health care providers. Also, testify and serve as expert witnesses and consultants. We also provide the Darkness to Light

Stewards of Children program to educate providers, family members, and educators on sexual abuse, physical abuse or neglect.

Category:	A2
Gender:	Both Males and Females
Department:	43602 (Children's Medicine Center)
Department Contact:	Debbie Carte (8-2536)
Staff Hours:	0.00
Persons:	607
Expenses:	185,366
<b>Revenues:</b>	0
Benefit:	185,366



#### **Drug Addicted Mother Baby Program**

**Description:** Program for pregnant women who have been identified as drug users during the early stages of their pregnancy

	then pregnancy.
Category:	A2
Gender:	Females
Department:	43608 (Family Resource Center)
<b>Department Contact:</b>	Kelly Gilbert (8-2545)
Staff Hours:	0.00
Persons:	151
Expenses:	45,000
<b>Revenues:</b>	0
Benefit:	45,000

#### **Outpatient Mental Health Services**

Description: Outpatient mental health services for the uninsured or underinsured. Category: A2 Gender: Both Males and Females **Department:** 43608 (Family Resource Center)

Department Contact:	Kelly Gilbert (8-2545)
Objectives:	Filling the gap in mental health services for the uninsured or underinsured. This program serves individuals who have health insurance that does not cover behavioral health services or individuals without health insurance.
Staff Hours:	
Persons:	375
Expenses:	112,500
<b>Revenues:</b>	0
Benefit:	112,500

#### West Virginia Health Right Support

Description:	A free clinic located in CAMC's	service area that pro	vides primary h	ealth care and adu	ılt dental
	care to the uninsured and underinsured population. CAMC provides pharmacy support,			t,	
	maintenance and housekeeping s	ervices to the free c	inic.		
Category:	A2				
Gender:	Both Males and Females				
Department:	41804 (Housekeeping)				
<b>Department Contact:</b>	Joe Tucker (8-6241)				
Objectives:	To support health care delivery to	o those unable to ob	tain services else	ewhere.	
Staff Hours:	0.00				
Persons:	Unknown				Right <sub>INC</sub>
Expenses:	144,993		WE	ST VIRGINIA	N
Revenues:	0		He	alth	Right
Benefit:	144,993				
*** Community Based Clinical Se	ervices (A2)	957,996	230,652	727,344	1,603

Health Care Support Services (A3)

#### **Enrollment Assistance for Patients & Families for Health Coverage**

Description: Category: Gender:	Patient Accounts provides support to patients for enrollment in government programs or in obtaining charity care. Financial Counselors address the charity process for CAMC patients. Over 37,000 charity and government enrollment applications were provided. A3 Both Males and Females
Department:	31706 (Finance)
Department Contact:	Jay Richmond (8-6250)
Community Need:	Unemployment/Jobs/Poverty
Staff Hours:	0.00
Persons:	27,790
Expenses:	568,083
Revenues:	0
Benefit:	568,083
Patient Nourishment Program	
Description:	Nutrition Services provides nutrition products to patients upon discharge until they can obtain the product themselves through an outside source.
Category:	A3
Gender:	Both Males and Females
Department:	41802 (Nutrition Services)
Department Contact:	Peg Andrews (8-3416)
Objectives:	To provide appropriate and sufficient nutrition to discharged patients until an outside source is
Staff Hours:	obtained. 2.00

Persons: 2				
Expenses: 176				
Revenues: 0				
<b>Benefit:</b> 176				
*** Health Care Support Services (A3)	568,259	0	568,259	27,792
**** Community Health Improvement Services (A)	1,604,851	230,652	1,374,199	32,239
	. ,	,	. ,	

#### Health Professions Education (B) Physicians/Medical Students (B1)

#### **CAMC Graduate Medical Education**

Description: CAMC provides 17 residency and fellowship programs (allopathic and osteopathic including 3 dual tracks). CAMC has medical school affiliations with West Virginia University School of Medicine and the West Virginia School of Osteopathic Medicine. We currently have 171 medical residents enrolled on campus.

Category: B1 Gender: Both Males and Females Department: 31720 (Accounting) **Department Contact:** Debbie McClure (8-3380) Staff Hours: 0.00 Persons: 171 Expenses: 45,517,186 **Revenues:** 7,519,871 **Benefit:** 37,997,315



#### Ethics in the Round

Description:	Quarterly presentations designed to provide education to medical professionals on current ethics		
	topics.		
Category:	B1		
Gender:	Both Males and Females		
Department:	25768 (Continuing Education)		
Department Contact:	Jay Ripley (8-9964)		
<b>Objectives:</b>	Provide a forum for medical professionals to discuss ethics issues.		
Staff Hours:	4.00		
Persons:	230		
Expenses:	128		
<b>Revenues:</b>	0		
Benefit:	128		

#### **Geriatric Lunch Time Learning**

Description:	One hour educational lectures on various topics in geriatric medicine.
Category:	B1
Gender:	Both Males and Females
Department:	25768 (Continuing Education)
<b>Department Contact:</b>	Jay Ripley (8-9964)
<b>Objectives:</b>	To provide professional education to the medical community on geriatric topics and issues.
Staff Hours:	4.00
Persons:	950
Expenses:	128
Revenues:	0
Benefit:	128

\*\*\* Physicians/Medical Students (B1)

#### Nurses/Nursing Students (B2)

#### **Nursing Pathways Program**

Description: CAMC and WV State Community and Technical College have formed a partnership to provide a two-year nursing program. The Nursing Pathways Program includes three distinct entries to earning a two-year associate degree. 1) a mid year ADN program 2) a Paramedic to Registered Nurse Fast Track Program and 3) a Licensed Practical Nurse to Registered Nurse Fast Track Program. Category: B2 Gender: Both Males and Females Department: 21926 (Human Resources Workforce Dev) **Department Contact:** Debby Schoolcraft (8-3376) Community Need: Unemployment/Jobs/Poverty **Objectives:** To increase the number of licensed RNs. Staff Hours: 40.00 **Volunteer Hours:** 0.00 Persons: 850 **Expenses:** 1,248 **Revenues:** 0 Benefit: 1,248

45,517,442

7,519,871

37,997,571

#### \*\*\* Nurses/Nursing Students (B2)

1,248

#### **Other Health Professional Education (B3)**

#### Medical Explorers

Department: Department Contact: Community Need:	Both Males and Females 21926 (Human Resources Workforce Dev) Debby Schoolcraft (8-3376) Educational Attainment/High School Dropout
Objectives:	Increase health career awareness by educating middle and high school students about health professions and careers.
Partners: Staff Hours: Persons: Expenses: Revenues: Benefit:	Boy Scouts of America - Exploring program 0.00

#### \*\*\* Other Health Professional Education (B3)

766

766

1,248

0

0

1,351

850

22

#### Scholarships/Funding for Professional Education (B4)

#### University of Charleston Health Program Support

Description: Financial support for faculty for the nursing and pharmacy programs at the University of Charleston.
 Category: B4

#### 50

Gender:	Both Males and Females
Department:	21926 (Human Resources Workforce Dev)
<b>Department Contact:</b>	Debby Schoolcraft (8-3376)
Objectives:	To maintain an adequate number of health professionals in the community to fill existing and
Staff Hours:	future health care profession needs. 0.00
Persons:	Unknown
Expenses:	189,996
Revenues:	0
Benefit:	189,996
*** Scholarships/Funding for Pro	fessional Education (B4) 189,996 0 189,996 0
Persons: Expenses: Revenues: Benefit:	Unknown 189,996 0 189,996

45,709,452

7,519,871

38,189,581

2,223

#### Financial and In-Kind Contributions (E)

\*\*\*\* Health Professions Education (B)

#### **Cash Donations (E1)**

#### **Civic Affairs Council**

Description:	The Civic Affairs Council is comprised of employees who review the applications for charitable
	donations and make awards based on specific community benefit criteria. Funding provided to
	area high schools for Project Graduation, Daymark, Inc., Salvation Army, REA of Hope, Children's
	Therapy Clinic, Union Mission, The Gabriel Project of WV, Charity in Action, American Cancer
	Society, Covenant House, Childhood Language Center, Prestera Foundation, United Way of
	Central WV, WVSU Foundation (Grandfamilies Education), Heart and Hand Outreach Ministries,
	Recovery Point of Huntington, Inc., the Childhood Language Center and the Children's Home
	Society of WV.
Category:	El
Gender:	Both Males and Females
Department:	10000 (Civic Affairs)
Department Contact:	Johnna Wills (8-7168)
<b>Objectives:</b>	Provide financial support to programs and services in our service area to support health,
Staff Hours:	educational, social services, civic and economic development requests. 40.00
Persons:	Unknown
Expenses:	26,600
Revenues:	0
Benefit:	
Denent:	26,600

## \*\*\* Cash Donations (E1)

# 26,600

26,600

0

0

#### **In-kind Donations (E3)**

#### **Ronald McDonald House Housekeeping Support**

Description:	Donate Housekeeping Services for Ronald McDonald House at no cost.
Category:	E3
Gender:	Both Males and Females
Department:	41804 (Housekeeping)
<b>Department Contact:</b>	Joe Tucker (8-6241)
<b>Community Need:</b>	Unemployment/Jobs/Poverty
Staff Hours:	
Persons:	Unknown
Expenses:	12,300 Ronald McDonald House

Revenues:	0				
Benefit:	12,300				
*** In-kind Donations (E3)		12,300	0	12,300	0
**** Financial and In-Kind Contri	ibutions (E)	38,900	0	38,900	0

Community Building Activities (F) Economic Development (F2)

#### Local Wealth Creation - Value Chain

Description:	Value - Chain food system incorporating local growers to replace imports from the outside		
	economy with herbs and vegetables that can be grown locally for the same or lower cost with the		
	same or higher quality.		
Category:	F2		
Gender:	Both Males and Females		
Department:	1 (Dietary Services)		
<b>Department Contact:</b>	Mike Marinaro (8-6551)		
<b>Objectives:</b>	To decrease sodium and fat in foods prepared in CAMC hospitals through		
	the use of fresh herbs and vegetables. To open new avenues for existing and		
	new growers with a guaranteed market for their produce.		
Partners:	Greater Kanawha Valley Foundation		
Staff Hours:	30.00	·	
Persons:	146		
Expenses:	1,200		
<b>Revenues:</b>	0		
Benefit:	1,200		

1,200

0

1,200

## \*\*\* Economic Development (F2)

#### **Community Support (F3)**

#### Partners In Health Network

Description:	The network serves to improve the delivery of health care in the region by providing a network administrative center, physician liaison, patient surveys, outreach activities, networking, credentialing, purchasing program, critical access hospital support, educational activities, workshops, and presentations designed for small rural hospitals and health clinics in the region.
Category:	F3
Gender:	Both Males and Females
Department:	46876 (Partners In Health)
Department Contact:	Tom Kuhn (8-7386)
<b>Objectives:</b>	Assist small rural hospitals and health clinics to remain viable.
Staff Hours:	0.00
Persons:	Unknown
Expenses:	332,241
<b>Revenues:</b>	0
Benefit:	332,241

\*\*\* Community Support (F3)

332,241

332,241

0

0

146

Workforce Development (F8)

## **CORE** Creating Opportunities for Recovery Employment

Description: Program providing the resources and support necessary to help individuals in recovery re-enter

	the workforce through CORE initiative. Creation of a ready workforce within the 12 county region
	of southwestern WV.
Category:	F8
Gender:	Both Males and Females
Department:	21926 (Human Resources Workforce Dev)
Department Contact:	Debby Schoolcraft (8-3376)
<b>Objectives:</b>	To serve people and communities affected by substance use by creating a regional infrastructure
	for comprehensive recovery workforce development services. Employment specialists work with
	local employers to overcome barriers to employing people in recovery and help reduce stigma.
Staff Hours:	5.00
Persons:	Unknown
Expenses:	136
<b>Revenues:</b>	0
Benefit:	136

#### Workforce Innovation and Opportunities Act

Description:	Working with the Local Elected Board of Kanawha County to consolidate, coordinate and improve				
	workforce investment programs pursuant to the provisions of the Workforce Innovation and			nd	
	Opportunity Act of 2014.				
Category:	F8				
Gender:	Both Males and Females				
Department:	21926 (Human Resources Workforce Dev)				
<b>Department Contact:</b>	Debby Schoolcraft (8-3376)				
Objectives:	, , , , , , , , , , , , , , , , , , ,				
	address workforce investment needs of job seekers, workers and businesses within the Kanawha County workforce investment area represented by the Local Elected Board.				
Staff Hours:	120.00	ent area represented	by the Local E	lected Board.	
Persons:	Unknown				
Expenses:	7,416				
Revenues:	0				
Benefit:	7,416				
*** Workforce Development (F8)		7,552	0	7,552	0

340,993

340,993

146

0

**** Community Building Activities (F)
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#### Community Benefit Operations (G) Dedicated Staff (G1)

# **Community Benefit Operations**

Description:	Planning Department staff dedicated to Community Benefit Reporting.
Category:	G1
Gender:	Both Males and Females
Department:	-46872 (Planning)
Department Contact:	David Jarrett (8-7854)
<b>Objectives:</b>	To compile and report the organization's community benefit by surveying the individual
Staff Hours:	departments, administrators, and other staff at our three hospitals. 1.040.00
	· · · · ·
Persons:	Unknown
Expenses:	36,200
Revenues:	0
Benefit:	36,200

#### Kanawha Coalition for Community Health Improvement

Description:	A community partnership of volunteers from all the local hospitals, Kanawha-Charleston Health			
	Department, United Way, Kanawha County Schools, Wellness Council of WV, and local			
	businesses with a mission to identify and ev	aluate health	risks and coordinate resources to	
	measurably improve the health of the people of Kanawha County.			
Category:	G1			
Gender:	Both Males and Females			
Department:	46832 (Community Health)			
Department Contact:	Orlando Craighead (8-7557)			
<b>Objectives:</b>	Mobilize community groups to address the community focus areas of obesity, lack of physical			
Staff Hours:	activity and tobacco use. 0.00			
Persons:	Unknown		Kanawha Coalition	
Expenses:	188,097	KC	for Community	
<b>Revenues:</b>	0	CHI	Health Improvement	
Benefit:	188,097		Health Improvement	

#### Totals:

Number of Programs:	27
Staff Hours:	1,339.00
Persons:	34,608
Expenses:	47,918,493
<b>Revenues:</b>	7,750,523
Benefit:	40,167,970